

Shiloh Peckham
 Senior, Cayuga High School
 Cayuga, Texas

Clubs and Extracurricular Activities

Club / Organization Name	Description	Date	Leadership Role	Number of Years Involved
Cayuga High School Fellowship of Christian Athletes	A local chapter of the National Fellowship of Christian Athletes impacting the world through sports and faith	2024-25 2023-2024 2021-2023	President Leadership Team Member	1 2 4
Cayuga High School Bass Fishing Team Angler	A local chapter of the Texas High School Bass Association Bass Fishing Team	2021-2025	Secretary/ Participant Attended planning meetings, helped organize events	1 4
Cayuga High School Varsity Football	Varsity Football Running back & Linebacker, Student-led prayer leader	2021-2025	Team-Captain/ Participant Helped to plan practices, workout schedules, kept teammates motivated	2 years 4 years
Cayuga High School Varsity Track	Varsity Track Shotput & Relay	2022-2024	Participant	3 years
Cayuga High School Varsity Baseball	Varsity Baseball Team Manager	2023-2024	Team Manager Maintained equipment, helped team with travel, set-up, and tear-down for games/tournaments	1 year
Cayuga High School Junior Varsity Basketball	Junior Varsity Basketball Point Guard	2021	Participant	1 year
Cayuga High School Powerlifting	Powerlifting Weightlifting Events: Bench Press, Squat, Deadlift	2021-Current	Participant	4 years
Cayuga High School Student Government	Cayuga High School Class Officers	2022-2023	Sophomore Class Vice-President Attended planning meetings, helped organize events	1 year

Cayuga 4H	Individual / Community Anderson County Youth Livestock Rabbit Show	2021-2022	Participant	1 year
Friendship Baptist Church Youth Group	Individual / Community *Preached Sunday Morning Service on 12/29/24 when Pastor was out of town	2021-Current	Member Attend services and programs for church and community events	1 year

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Community Service and Volunteer Activities

Club / Organization Name	Activity Description	Date	Role/Position	Number of Years Involved
Cayuga High School Fellowship of Christian Athletes	See You At the Pole A student-led, school-wide National Day of Prayer / Rally (around the school flagpole) for students and community members to join in prayer for the school, region, state, and nation	2021-2025 Held annually the fourth Wednesday in September	President / Attended planning meetings, helped organize the event, spoke at the event, and led the prayer rally	4
Cayuga High School Fellowship of Christian Athletes	Weekly Lunch & Learn A student-led time of Bible study, devotionals, and prayer	2021-2025 Held weekly during lunchtime on Thursdays	President / Planned weekly Bible study meetings, prepared devotionals, led the meetings, planned speakers, lead prayer for student devotionals during lunchtime	President - 1 year Leadership Team - 3 years Participant - 4 years
Cayuga High School Fellowship of Christian Athletes Friendship Baptist Church	Fields of Faith A community-wide time of worship, devotion, and prayer (held on the High School football field)	2021-2025 Held annually the last Wednesday in October	President / Helped to plan event, spoke at event, and led closing prayer	President - 1 year Participant - 4 years
Texas High School Bass Association Toy Drive	Cayuga High School Bass Fishing Team Participated in the annual toy drive to provide toys for families and children in need during the holidays	2021-2025 Held annually during one Fishing Tournament (typically during October or November each year)	Volunteer/ Helped to purchase and collect toys for drive	4 years
Cayuga High School Angel Tree Toy & Clothing Drive	Cayuga 4H / Personal Family Participated in the annual drive to provide clothes, personal hygiene items, and toys for families and children in need during the holidays	2021-2025 Held annually during November and December each year	Volunteer/ Chose a family from the Angel Tree, helped to purchase and collect items for the drive; wrapped gifts	4 years
Cayuga 4H	Individual / Community Local Chapter of Student Development Organization	2015-2021	Participant Participated in monthly meetings, Livestock shows, and service projects such as Thanksgiving Food Drives, Coat Drives, and Toy Drives	7 years

Cayuga Middle School Track Meets	Personal /Individual Raking long jump pit sand, helping set-up and tear down hurdles	2023-2025	Volunteer/ Helped work track meet and events	3 years
Cayuga Varsity Football "High-Five Fridays"	Team During home-game days, the Varsity football players went to the Elementary School to "high-five" the younger students as they were getting out of their cars and off of the buses on the way into the school to start their day	2021-2025 Each Friday of home football games during football season	Volunteer/ Giving back to one of my favorite activities when I was in Elementary School	
Shiloh_7 TikTok Bible Study Series for Teens	Personal/Individual Bible Study series on TikTok	2024-2025	Creator Created and planned a Bible Study series for teenagers/students to watch and study specific chapters/scriptures	1

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Honors and Awards

Name of Honor / Award	Organization Name	Year Received
Football Honor/Award		
2A All-State High School Football Team 2nd Team Offense (Fullback)	2024 Blue Bell / Texas Sports Writers Association	2025
1st Team All-District Running Back	UIL District 19-2A	2024
Football "Player of the Week"	Pizza Hut (Palestine Herald Press)	2024
Football Co-Defensive Most Valuable Player (MVP)	Cayuga High School Athletics Department	2023
"Do Work Award" (Outstanding Athlete)	Cayuga High School Athletics Department	2023
Powerlifting Honor/Award		
1st Place / Outstanding Lifter *1,450 lbs	Rusk Invitational Powerlifting Tournament	2025
1st Place / Outstanding Lifter *1,280 lbs	Malakoff Tiger Invitational Powerlifting Tournament	2025
Powerlifting State Qualifier *1,460 lbs	Texas High School Powerlifting Association	2025
Powerlifting State Qualifier *1,400 lbs	Texas High School Powerlifting Association	2024
Powerlifting District Qualifier	Texas High School Powerlifting Association	2025 2024
Powerlifting Most Valuable Player (MVP)	Cayuga High School Athletics Department	2024
Powerlifting 1,200 lb Club	Cayuga High School Athletics Department	2023

Powerlifting 1,000 lb Club	Cayuga High School Athletics Department	2022
Track Honor/Award		
Track District Qualifier	District 19-2A	2022
Shot Put Area Qualifier	UIL Area Track Qualifier Region 3	2023
Academic Honor/Award		
Phi Theta Kappa International Honor Society	Trinity Valley Community College Iota Alpha Chapter	2024-current
National Honor Society	Cayuga High School Chapter	2023-current
A/B Honor Roll	Cayuga High School	2023-2024 2021-2022
A Honor Roll	Cayuga High School	2022-2023
President's Award (Top Ten in Class)	President's Award for Student Excellence and Achievement	2021-2022 2022-2023 2023-2024
Academic Merit Award	Cayuga High School / English II	2023
Faculty / Student Body Honor/Award		
Student of the Month (November)	Cayuga High School Faculty	2024
Cayuga High School Homecoming King & Homecoming Escort	Cayuga High School Student Body	2024
Cayuga High School Homecoming Escort	Cayuga High School Student Body	2021-2023

**Texas Amateur Athletic Federation
Scholarship Application**

407 N. Water Street

Burnet, Texas 78611

www.taaf.com

Please indicate which scholarship category and semester you are applying for.
(You may apply for more than one scholarship category if you meet the requirements; however,
SEPARATE APPLICATIONS are REQUIRED for each scholarship category.)

☒ High School Student Category (Dan Whitworth Scholarship) Semester: ☐ Fall ☒ Spring ☐ Summer

☐ College Student Category (Dan Whitworth Scholarship) Semester: ☐ Fall ☐ Spring ☐ Summer

☐ Linda Cornelius Athlete Category (High School or College Student) Semester: ☐ Fall ☐ Spring ☐ Summer

☐ Parks & Recreation Employee Category Semester: ☐ Fall ☐ Spring ☐ Summer

Or certification program: _____

Section 1 (Please type)

1. Peckham Shiloh I
Last Name First Name MI

2. 310 An Co Road 469 Palestine TX 75803
Mailing Address (Home or Permanent Residence) City State Zip Code

3. 903-724-0773 peckhamshiloh@gmail.com
Home Phone Number Business Phone Number E-Mail

4. Cayuga High School 05/22/25
High School or College/University attending/graduated Graduation Date

5. High School/College Grade Point Average (GPA) on a 4-point scale: 4.0
(Transcripts must be attached for verification)

Major: *Dual Credit Semester Hours Attained: 24

Minor: _____ Semester Hours Next Semester: _____

6. Montalba General Store Cashier/Runner 12/15/24-Current
Current Employer Job Title Date of Employment

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Section 2 (Attach the additional sheets provided if necessary)

1. Describe volunteer and leadership experiences, accomplishments, honors, recognitions and awards received. These experiences may include academic, job related, and/or community service organizations with which you have been involved. Include your position and length of involvement.

Activities

Dates

* Please see attached documents:

- Community Service & Volunteer Activities
- Clubs / Extracurricular Activities
- Honors and Awards

2. Please list your chosen or anticipated field of study and explain why you believe the field is important.

A very personal experience is how I chose my major. You have wielded a knife, right? Have you ever been hog hunting with dogs? On February 19, 2024, I went on a hog hunt with my neighbor. I never knew one simple hunt would change my life forever. Given the honor of killing the first 250 pound beast, I was feeling nervous, scared, and excited all at the same time! As I went to stab the pig, the eight-inch Bowie knife ricocheted up the protective shield of the hog straight into my left hand, severing three tendons and two nerves. I was less than an inch away from cutting my wrist. It is by the grace of God that I am alive today. Overcoming this horrible accident was one of the hardest physical and mental challenges I have had to endure. My personal experience with my hand really piqued my interest in how the body works (and heals) as a machine. I now know Kinesiology is what I want to study. Even though I still have numbness, I am so grateful I can use my hand. I hope to earn my degree so that I can I hope I get the chance to pay it forward and help others as they are on their recovery journey.

3. How does Parks and Recreation have an impact on a community? How has it impacted you personally?

I caught my first fish at the Texas Freshwater Fisheries Center in Athens, Texas. My mom still has the picture. As a family, we went to the Fish Hatchery, watched the dive show, fished in the pond, and walked the wetlands trail. This is where I went on tram tours, watched firework shows, ate picnics, saw the aquarium, the alligators, and had ice cream. It is also where I learned about the ShareLunker program and about the damage an invasive species like zebra mussels can do to a water system. These are all wonderful childhood memories and learning moments from my life. From family-friendly activities, to the education and conservation of local and state resources for future generations, Parks and Recreation Departments have a huge impact on a community. I believe it is a combination of all of these experiences that have given me a love of nature and helped make me the hunter, fisherman, and outdoorsman

that I am today. Although the Fishery Center is currently closed for renovations right now, I am excited to see what the future holds for our local community, our state, and all of the many visitors to Parks and Recreation.

4. If awarded this scholarship, how would you utilize your educational experience to make an impact on the parks and recreation / leisure services profession in your community or society as a whole?

The Texas Parks and Wildlife Department has always been a big part of my life. From field trips to the Fish Hatchery in elementary school, to hunting and fishing, to being a part of the Texas High School Bass Assn. Fishing Team in high school, outdoor activities and an appreciation for nature have always been a part of my life. Although my chosen field of study will be in Kinesiology / Sports Science, I believe the two are related. Two of the main factors are physical health and mental well-being. When I am in the deer stand or on the water, I am able to do my best thinking and problem-solving. It is in the quiet that I can be reflective. Kinesiology is the study of human movement and how the body works as a machine. This includes mind, body, and spirit. As a part of the fishing team all four years of high school, one project I plan to continue is through Angler education and water conservation. Aquatic education and protecting our natural resources for the next generations will help not only my local community, but also the beauty of nature of our great state of Texas for years to come.

5. Explain your career goals upon graduation.

My career plans include: getting a degree in Kinesiology, becoming a doctor specializing in Sports Medicine, and eventually opening up my own clinic in a rural area where finding access to care can be challenging. After I reach my educational and career goals, I would like to give back to the community that I love. I would not be where I am today without my parents, teachers, coaches, and the Cayuga Wildcat family. One day, I hope to become the volunteer chaplain of the high school football team and set-up a scholarship fund for other students who want to get a degree in a Health Science field. I cannot say that I am any "more deserving" than any other scholarship candidate, but I would like to use the scholarship to reach my future goals and then turn around and help other people to heal and not feel left behind. I hope to find a deeper journey in college to help make me not just a better McMurry Warhawk, but also a better global citizen. I believe it is important to keep on "paying it forward" and understand that we help and serve others because we are all part of something bigger than ourselves.

6. Are there any other factors you would like us to consider in evaluating your application? If so, please explain.

It would not be possible for me to continue my advanced education without financial assistance. One of the main reasons I would like to be chosen for this scholarship is because I was raised by a teacher and a carpenter. We have always had food on the table and shoes on our feet, but many times things are tough. It's as if you are always in this category of "too much but not enough" in a group that can easily "fall through the cracks." I am the youngest of four children. I have a sister that just finished college and another sister who just started college in the fall. My older brother is a flight paramedic. He was going to play football in college, but didn't get the chance after he injured his neck. His accident changed the course of his life. Mine did too. I became a paramedic in order to help people. That's what I want to do. My parents work hard to provide and pay for hospital bills and college, but it all adds up. I could attend a local community college, one that is less expensive and closer to home. There is honor in that choice. I believe this scholarship would help me achieve my goals by taking the financial burden off of my parents.

Additional Comments:

My step-father owns a construction company. Many times, people assume that just because you are a company owner there is plenty of "extra" to pay for college. Recently, Mom went to work from full-time to part-time in order to help my older brother, who is also a single dad. He works a lot of hours, many times working 24-hour shifts. My mom helps to take care of my two-year-old niece. In a rural area, it is difficult to find child care for that many hours or especially overnight. Most of my mom's check barely covers insurance for our family. The prices of everything have gone up and things have been tough in this economy. My parents work very hard to provide for our family and pay for hospital bills and college. The University where I now have the opportunity to earn my degree and play football is a Division III school. It is a great fit for me, but they do not offer athletic scholarships. Thank you for your consideration.

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Scholarship Application
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Section 3 (Please attach the following documentation under the scholarship category you are applying for)

Dan Whitworth Memorial Scholarship - High School Student Category

- Letter of acceptance from a College or University. Enrollment verification of a minimum of 12 semester hours in classes directly related to acquiring a degree in the field of sports sciences, kinesiology, conservation, physical education, recreation and tourism management and/or other related courses of study which may contribute to the field of parks and recreation will be required upon registration and prior to the awarding of scholarship funds.
- Official High School transcript (to include class rank and/or GPA)
- Official college entrance examination score
- Course curriculum/degree plan
- One letter of recommendation

Dan Whitworth Memorial Scholarship - College Student Category

- Enrollment verification of a minimum of 12 hours from a College or University with accredited programs relating to a degree in the field of sports sciences, kinesiology, conservation, physical education, recreation and tourism management and/or other related courses of study which may contribute to the field of parks and recreation.
- Verification of a GPA of at least 2.5 on a 4.0 scale from previous semester
- Course curriculum/degree plan
- One letter of recommendation

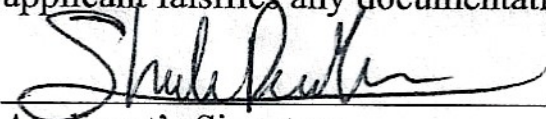
Athlete Category (High School or College Student)

- Texas Amateur Athletic Federation state competition roster(s) or individual sports card(s) and/or a letter detailing the state event(s) participated in, location, year, and region you represented.
- Enrollment verification from a College or University
- Verification of a GPA of at least 2.5 on a 4.0 scale from previous semester
- Course curriculum/degree plan
- One letter of recommendation

Parks & Recreation Employee Category

- Employer verification of your continuous service, employee classification, satisfactory work performance, and that no disciplinary action exists in the preceding 6 months of this application.
- Enrollment verification from a College or University.
- Verification of a GPA of at least 2.5 on a 4.0 scale from previous semester
- Course curriculum/degree plan
- One letter of recommendation from your current agency executive / director.

The application and all requested documentation under the scholarship category you are applying for, is due to the T.A.A.F. state office via email (ginger@taaf.com) by **March 31st** of each year. Application will be null and void if all documentation is not received in specified time frames and if the applicant falsifies any documentation in the application.


Applicant's Signature

4/25/25
Date



Dear Shiloh,

Congrats from the McMurry University Admission team!

You completed your application before our Early Action deadline on December 13th. Early Action is non-binding but you do get some great benefits from completing your application early.

- Early Action Benefits Include:
- Priority Financial Aid consideration
- First access to the housing application on February 1st
- Unique War Hawk swag, content and mailings (like this one)
- Invitation to our exclusive Admitted Student Days in the spring

Be sure to hang up the included calendar for helpful upcoming date reminders and use the vinyl decal to show your War Hawk pride. As an Early Action student, your next steps are to apply for financial aid and to submit your enrollment deposit when you are ready. We'll be sending out celebration boxes once you deposit!

Congratulations on your achievements and admission to McMurry University. We would love to welcome you to our campus community and have you join the 2025 incoming freshman class. McMurry is an intentional and supportive campus dedicated to your success. There has never been a more exciting time to attend McMurry. We recently celebrated our centennial, cut the ribbon on our brand new student center, and are celebrating record enrollment. Come join our growing and vibrant campus.

Please reach out to your admission counselor with any questions or to schedule a personalized campus visit. Additionally, look out for an invite to our Admitted Student Days in the spring. We would love to host you and your guests at McMurry.

Best of luck on your senior year. Finish strong. *Ala Cumba!*

Sincerely,

Grant Greenwood
Vice President for Enrollment
McMurry University

Name: PECKHAM, SHILOH ISAAC

Student ID: [REDACTED] SSN: [REDACTED]
 Birth Date: 11/30/2006 Gender: Male
 Race: White

District: CAYUGA ISD
 School: 001 CAYUGA HIGH SCHOOL
 Sch Addr: P.O. BOX 427

Par/Guard: SCHEPPLER, JENNIFER
 310 ACR 469

CAYUGA, TX 75832

Sch Phone: (903) 928 -2102

CBCC: 441165

PALESTINE, TX 75803

TEXAS Grant Ind:

Exit Level Assessment

EOC Assessments

Schools Awarding Credit

Eng Lang Arts:

Science:

Mathematics:

Social Studies:

15-2022 Algebra 1

Masters

2021 001902 041

2022 001902 001

15-2022 Biology 1

Meets

2023 001902 001

2024 001902 001

15-2022 English 1

Meets

2025 001902 001

15-2023 English 2

Meets

15-2024 U.S. History

Meets

	Svc ID	SE	Sem 1	Sem 2	Avg	Cr		Svc ID	SE	Sem 1	Sem 2	Avg	Cr
Language Arts							2021/2022 PRINHUSR	13024200		099	097	098	1.0
2021/2022 ENG 1	03220100		090	092	091	1.0	2023/2024 INPRAC	13014400		100	099	100	2.0
2022/2023 ENG 2	03220200		097	096	097	1.0	2024/2025 PRACEDT1	13014500		100			1.0
2022/2023 YBK1	03230110		096	094	095	1.0							
2023/2024 ENG 3	03220300 D		092		092	0.5							
2023/2024 ENG 3	03220300 D			090	090	0.5							
2024/2025 ENG 4	03220400 D		097		097	0.5							
Mathematics													
2021/2022 ALG 1	03100500		091	098	095	1.0							
2022/2023 GEOM	03100700		100	099	100	1.0							
2023/2024 ALG 2	03100600		096	097	097	1.0							
2024/2025 CPMAT	CP111200		100			0.5							
2024/2025 PRE CALC	03101100		097			0.5							
Science													
2021/2022 BIO	03010200		095	091	093	1.0							
2022/2023 PHYSICS	03050000		098	095	097	1.0							
2023/2024 CHEM	03040000		094	091	093	1.0							
2024/2025 ASTRMY	03060100		096			0.5							
Social Studies													
2021/2022 W GEO	03320100		098	099	099	1.0							
2022/2023 W HIST	03340400		099	100	100	1.0							
2023/2024 PFL	03380082		100		100	0.5							
2023/2024 PSYCH	03350100			100	100	0.5							
2023/2024 US HIST	03340100 D		100		100	0.5							
2023/2024 US HIST	03340100 D			099	099	0.5							
2024/2025 GOVT	03330100 D		091		091	0.5							
Health													
2022/2023 HUGRDEV	13014300		098	100	099	1.0							
P.E./Equivalent													
2021/2022 SUBATH1	PES00000		100	100	100	1.0							
2022/2023 SUBATH2	PES00001		100	100	100	1.0							
2023/2024 SUBATH3	PES00002		100	100	100	1.0							
2024/2025 SUBATH4	PES00003		100			0.5							
Other Languages													
2020/2021 SPAN 1	03440100 J		093	093	093	1.0							
2021/2022 SPAN 2	03440200		091	091	091	1.0							
Fine Arts													
2022/2023 ART 1	03500100		097	096	097	1.0							
Career/Tech Ed													
2021/2022 PRINAFNR	13000200		096	096	096	1.0							

**OFFICIAL
TRANSCRIPT**

Credit Totals(State+Local): 29.0

State: 29.0

Date of Class Rank: 01/10/2025

Rank: 7

GPA: 97.8867

CPR-AED Dt Completed: 02/21/2023

Speech Dt Completed: 12/21/2023

POII Dt Completed:

Financial Aid App Met Date:

Quartile: 1

Class Size: 37

College 4 point:

Signature and Title of School Official:

[Signature]
 COUNSELOR

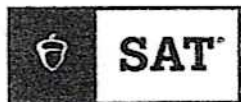
Date of Certificate of Coursework Completion:

Date of Graduation:

Graduation Program Type: FHS Program

Endorsements: Public Services(Pursuing), Multi Disciplinary Studies(Pursuing)

Notes: A passing grade is 70 or above. P=Pass F=Fail; # = 3rd or 4th part of the course; * = No credit awarded due to excessive absences; Texas Grant Indicator 1,2 & 5 = Eligible; SE = Special Explanation Code; A=AdvTechCr; C=Correspondence Course; D=Dual Credit; E=Credit By Exam (80%); G=Gifted/Talented; H=Honors; I=IB Course; J=Course Completed Prior to Grade 9; K=Pre IB Course; L=Local Credit; M=Magnet Course; P=AP Course; Q=Pre AP Course; R=Summer School, Night School, or other instructional arrangement; T=Credit Awarded by Examination (70%); V=Modified Content; X=Innovative Course; Z=Distance Learning; 1=PE equivalency or PE waiver; 2=Part of a coherent sequence of CTE courses; 3=Transfer credit from non-Texas public school; 4=CTE course that satisfy another graduation requirement; 7=TEKS-based; 8=Course to satisfy LOTE reqmnts; 9=To satisfy 4th science reqmnts FHSP; 10=FHSP course; DNR=Does Not Rank; POII=Peace Officer Interaction Instruction. Refer to current Minimum Standards for Appropriate Use.



Name: **Shiloh Peckham**
Grade: **11**
Test administration: **SAT School Day Spring 2024**
Tested on: **Mar 6, 2024**
Record Locator: **4096670240**

Your Score Report

SAT Scores

TOTAL SCORE

980 | 400-1600 | **42nd***

Score Range: 940-1020
Average Score (all testers): 948

SECTION SCORES

Reading and Writing

520 | 200-800 | **50th***

Your Score Range: 490-550
Average Score (all testers): 484

Math

460 | 200-800 | **35th***

Your Score Range: 430-490
Average Score (all testers): 465

* Percentiles represent the percent of 12th grade test takers from the past 3 years who scored the same as or below you.

Score range: This is the range of scores you could possibly get if you took the SAT multiple times on different days.

Knowledge and Skills

View your performance across the 8 content domains measured on the SAT. For more information on performance score bands, visit satsuite.collegeboard.org/skills-insight.

Reading and Writing

Information and Ideas

(26% of test section, 12-14 questions)



Craft and Structure

(28% of test section, 13-15 questions)



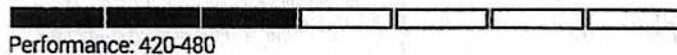
Expression of Ideas

(20% of test section, 8-12 questions)



Standard English Conventions

(26% of test section, 11-15 questions)



Math

Algebra

(35% of test section, 13-15 questions)



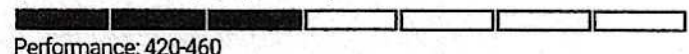
Advanced Math

(35% of test section, 13-15 questions)



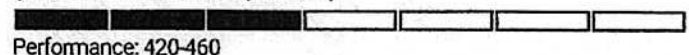
Problem-Solving and Data Analysis

(15% of test section, 5-7 questions)



Geometry and Trigonometry

(15% of test section, 5-7 questions)



Career Insights Snapshot

Your skills are in demand! Consider exploring these growing careers in your state that need skills like yours. These are examples, not recommendations, to help jump-start your career exploration.

INTEREST AREA*	CAREER EXAMPLES	MEDIAN YEARLY INCOME IN TX	NUMBER OF JOBS	JOB GROWTH IN TX**	MOST COMMON EDUCATION LEVEL
Creators	Producers and Directors	\$58,000	11,200	+12%	Bachelor's degree
Organizers	Computer and Information Systems Managers	\$164,000	76,600	+19%	Bachelor's degree
Persuaders	Chief Executives	\$161,000	18,700	+12%	Master's or professional degree
Doers	Veterinarians	\$121,000	8,100	+18%	Doctoral degree or more
Helpers	Pediatricians	\$199,000	3,200	+10%	Doctoral degree or more
Thinkers	General Internal Medicine Physicians	\$228,000	3,900	+15%	Doctoral degree or more

*For more information about career insights, including interest areas, visit satsuite.org/whatsnext.

**Number reflects the expected number of new job openings in 2028. Percentage reflects the expected growth in new job openings between 2023 and 2028.

Data source: Lightcast.io



Don't see a career you're interested in?
Learn more about almost 1,000 careers for free.



satsuite.org/whatsnext

Exercise Science and Human Performance, BS

A MINOR IS NOT REQUIRED FOR THE BACHELOR OF SCIENCE DEGREE IN EXERCISE SCIENCE AND HUMAN PERFORMANCE

- All degrees require a minimum of 120 credit hours, excluding developmental courses. A minimum of 39 credit hours must be advanced level.

GENERAL EDUCATION

For General Education Courses See [General Education Requirements](#)

MAJOR IN EXERCISE SCIENCE AND HUMAN PERFORMANCE

7 hours will meet general education requirements

- [KINE 2330 - Explorations in Exercise and Sports Leadership](#)
- [PSYC 1340 - General Psychology](#) (meets General Education Requirement)
- [BIOL 2401 - Human Anatomy and Physiology I](#) (meets General Education Requirement)
- [KINE 3300 - Statistics for Measurement and Evaluation In Kinesiology](#)
- [KINE 3307 - Nutrition for the Health Sciences](#)
- [KINE 4321 - Laboratory Testing in Exercise Science](#)
- [KINE 4315 - Exercise Physiology I](#)

SUB-TOTAL: 21

Select 40-41 credit hours from

- [KINE 2361 - Assessment of Athletic Injuries](#)
- [KINE 2335 - Accident Prevention and Care of Injuries](#)
- [KINE 3302 - Introduction to Motor Learning](#)
- [KINE 3310 - Exercise Prescription](#)
- [KINE 3320 - Exercise Leadership](#)
- [KINE 3321 - Anatomical Kinesiology](#)
- [KINE 3325 - Biomechanical Kinesiology](#)
- [KINE 3330 - Adapted Physical Activity and Sport](#)
- [KINE 3360 - Responding to Emergencies](#)
- [KINE 3365 - Functional Movement](#)
- [KINE 3370 - Principles of Rehabilitation](#)
- [KINE 4100 - Applied Pharmacology for the Health Sciences](#)
- [KINE 4320 - Exercise Physiology II](#)

- KINE 4345 - Experimental Research and Writing in Exercise Science
- KINE 4350 - Manual Therapy
- KINE 4325 - Risk Management in Exercise Science
- BIMS 2105 - Medical Terminology I
- BIMS 3205 - Medical Terminology II
- BIMS 3430 - Human Physiology
- BIOL 2402 - Human Anatomy and Physiology II
- CHEM 1410 - General Chemistry I
- CHEM 1420 - General Chemistry II
- PHYS 1410 - General Physics I
- PHYS 1420 - General Physics II
- PREP 2105 - Seminar in Health Professions I
- PREP 2106 - Seminar in the Health Professions II

Select 6 hrs from

- PSYC 2360 - Developmental Psychology: The Human Life Cycle
- PSYC 2370 - Social Psychology
- PSYC 3382 - Positive Psychology and Mental Health
- PSYC 4341 - Physiological Psychology I
- PSYC 4300 - Abnormal Psychology

Select 2-3 hrs from

- KINE 4388 - Internship

SUB-TOTAL: 48-50

TOTAL HOURS: 69-71

FOREIGN LANGUAGE REQUIREMENT

8 hours in a single foreign language will be required unless two years of a single foreign language were completed in high school or the student graduated from high school prior to 2019.

The Following Courses are Suggested For Students Interested in Pre-Physical Therapy

- KINE 3302 - Introduction to Motor Learning
- KINE 3321 - Anatomical Kinesiology
- KINE 3325 - Biomechanical Kinesiology
- KINE 4320 - Exercise Physiology II
- KINE 4388 - Internship
- KINE 4345 - Experimental Research and Writing in Exercise Science
- BIMS 2105 - Medical Terminology I
- BIMS 3205 - Medical Terminology II

- BIMS 3430 - Human Physiology
- BIOL 2402 - Human Anatomy and Physiology II
- CHEM 1410 - General Chemistry I
- CHEM 1420 - General Chemistry II
- PHYS 1410 - General Physics I
- PHYS 1420 - General Physics II
- PSYC 4300 - Abnormal Psychology
- PSYC 4341 - Physiological Psychology I

The Following Courses are Suggested For Students Interested in Pre-Occupational Therapy

- KINE 3302 - Introduction to Motor Learning
- KINE 3321 - Anatomical Kinesiology
- KINE 3325 - Biomechanical Kinesiology
- KINE 4345 - Experimental Research and Writing in Exercise Science
- KINE 4320 - Exercise Physiology II
- KINE 4388 - Internship

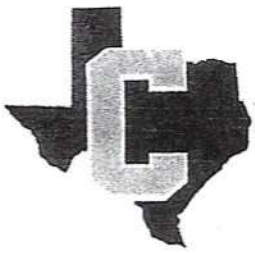
11 hours selected from

- BIMS 2105 - Medical Terminology I
- BIMS 3205 - Medical Terminology II
- BIMS 3430 - Human Physiology
- BIOL 2402 - Human Anatomy and Physiology II
- PHYS 1410 - General Physics I
- PSYC 2360 - Developmental Psychology: The Human Life Cycle
- PSYC 4341 - Physiological Psychology I

The Following Courses are Suggested For Students Interested in Pre-Athletic Training

- KINE 2361 - Assessment of Athletic Injuries
- KINE 2335 - Accident Prevention and Care of Injuries
- KINE 3302 - Introduction to Motor Learning
- KINE 3321 - Anatomical Kinesiology
- KINE 3325 - Biomechanical Kinesiology
- KINE 3360 - Responding to Emergencies
- KINE 3365 - Functional Movement
- KINE 3370 - Principles of Rehabilitation
- KINE 4100 - Applied Pharmacology for the Health Sciences
- KINE 4320 - Exercise Physiology II
- KINE 4325 - Risk Management in Exercise Science
- KINE 4350 - Manual Therapy
- BIMS 2105 - Medical Terminology I
- BIMS 3205 - Medical Terminology II
- BIOL 2402 - Human Anatomy and Physiology II

- CHEM 1410 - General Chemistry I
 - PSYC 2370 - Social Psychology
 - PSYC 3382 - Positive Psychology and Mental Health
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Cayuga High School

Excellence & Integrity - The Wildcat Way

17750 N. US Hwy 287

Tennessee Colony, TX 75861

903-928-2294

Dear Scholarship Committee,

It is my great privilege to write this letter of recommendation for Shiloh Peckham as he applies for your esteemed scholarship. As the principal of Cayuga High School, as well as a veteran of the United States Army and a former combat infantryman, I have had the honor of witnessing firsthand the values of leadership, perseverance, and dedication—values that Shiloh embodies in every aspect of his life.

Shiloh is an exceptional student, consistently ranking in the top 10 of his class and maintaining recognition on both the A and A/B Honor Rolls. His academic achievements include induction into the National Honor Society and Phi Theta Kappa, as well as earning the prestigious President's Award. His ability to balance rigorous coursework with numerous extracurricular commitments speaks to his discipline and strong work ethic.

Beyond the classroom, Shiloh is a natural leader and a dedicated servant to his school and community. He serves as President of the Fellowship of Christian Athletes and Secretary of the Fishing Team, demonstrating his ability to lead by example. His athletic achievements are equally impressive, earning Co-Defensive MVP honors in varsity football and being named Pizza Hut's Player of the Week. In powerlifting, he exhibited remarkable perseverance, overcoming a hand injury to qualify for the state competition and earning the Powerlifting MVP Award.

Shiloh's character is evident in all that he does. He has been recognized as Student of the Month, served as a homecoming escort multiple times, and was crowned Homecoming King. His faith and commitment to service extend beyond the school, as seen in his invitation to preach at First Baptist Church. These accomplishments highlight his humility, integrity, and desire to positively impact those around him.

As a veteran, I deeply respect individuals who demonstrate resilience, commitment, and leadership—qualities Shiloh exhibits daily. His strong moral character, tireless work ethic, and dedication to his community make him an ideal candidate for this scholarship. I wholeheartedly recommend him without reservation.

If you require any further information, please do not hesitate to contact me. Thank you for your time and consideration.

Sincerely,

Mr. Jay Thompson

Principal, Cayuga High School

Veteran, U.S. Army | Combat Infantryman

Cayuga Independent School District