

Transforming lives through Christ-centered higher education.



January 28, 2025

Lananh La
2471 Waterside Dr
Grand Prairie, TX 75054-6806

Dear Lananh,

Congratulations! It is my pleasure to inform you that you have been admitted to at Dallas Baptist University. On behalf of our faculty, staff, students, and alumni, let me welcome you to the DBU Family!

The mission and commitment of Dallas Baptist University is to provide Christ-centered quality education to students in order to produce servant leaders who integrate faith and learning through their respective callings. You will be joining a community of people who are being equipped to transform the world around them, for the glory of God.

To officially become a DBU Patriot, visit futurepatriot.dbu.edu and follow the steps to confirm your enrollment. The next page will explain the documents needed to complete your admissions file. You can confirm these documents through your admissions counselor, Macie Webb, by calling (214) 333-5360 or via email at admissions@dbu.edu.

If you have questions concerning finances or awards, please call the Office of Financial Aid at (214) 333-5363, or visit www.dbu.edu/financialaid.

Sincerely,



Kiersten Lewis
Director of Admissions

BS.HTHS - Bachelor of Science in Health Sciences

Program Information

Program Description

The degree in Health Sciences is offered by the Department of Kinesiology through the College of Natural Sciences and Mathematics. The purpose of the Health Sciences Program is to serve as a degree that is focused on pre-professional preparation for entrance into graduate programs in the areas of physical therapy, occupational therapy, athletic training, and chiropractic. This program, specifically through an identified area of concentration, will help students recognize and meet specific entrance requirements for health-related degree programs at the masters or doctoral level.

Simple Requisites

Subplan

No Requirement Level

Core Experience (41-43 Total Credit Hours)

Type

Completion Requirement

Core Experience

Complete ALL of the following Courses:

- DBUE1301 - Foundations of the DBU Experience

Developing A Christian Mind

Complete ALL of the following Courses:

- DBUE2301 - Developing a Christian Mind

English

Complete ALL of the following Courses:

- ENGL1301 - Composition and Rhetoric I
OR ENGL1401 - Composition and Rhetoric I (Non-nativeEnglish Speakers)
- ENGL1302 - Composition and Rhetoric II
- ENGL2301 - World Literature I
OR ENGL2302 - World Literature II

Fine Arts

Complete ALL of the following Courses:

- FINE1306 - Introduction to Fine Arts

History

Complete at least 1 courses in the following course sets:

- Hist LL Course List

Kinesiology

Complete ALL of the following Courses:

- KNES1101 - Fitness for Living

Mathematics

Complete at least 1 of the following courses:

- MATH1303 - College Algebra
- MATH1405 - Calculus and Analytic Geometry I

Natural Science

Complete ALL of the following Courses:

- BIOL1405 - Modern Concepts in Biology I

Religion

Fulfill ALL of the following requirements:

Religion Surveys

Complete ALL of the following Courses:

- RELI1301 - Old Testament Survey
- RELI1302 - New Testament Survey

AND

Religion Choice

Complete at least 1 courses in the following course sets:

- RELI Course List

Social Science

Complete ALL of the following Courses:

- POLS2301 - American National Government

Additional Comments:

Additional Program General Studies Hours (12 Total Credit Hours)

Type

Completion Requirement

Additional Program General Education Hours - Science

Complete ALL of the following Courses:

- BIOL2405 - Human Anatomy and Physiology I
- BIOL2406 - Human Anatomy and Physiology II
- CHEM1401 - General Chemistry I

Additional Comments:

Major Core (24 Total Credit Hours)

Type

Completion Requirement

Major Core

Complete ALL of the following Courses:

- BIOL2302 - Medical Terminology for Health Professions
- KNES3302 - Research, Statistics, and Technology in Health and Human Performance
- KNES3326 - Motor Learning and Skill Development
- KNES4301 - Exercise Physiology
- KNES4303 - Applied Biomechanics
- KNES4336 - Internship in Kinesiology and Health Sciences I
- PSYC1301 - General Psychology
- PSYC4316 - Human Growth and Development

Additional Comments:

Concentration Options

Type

Completion Requirement

Concentration Options

Select one of the four areas of concentration:

Complete at least 1 of the following:

Pre-Physical Therapy Concentration (39 Total Credit Hours)

The Pre-Physical Therapy concentration requires the student to complete the health sciences major core courses, plus the following concentration and elective courses to satisfy the pre-requisite requirements for entry into a professional physical therapy program.

Fulfill ALL of the following requirements:

Concentration Courses

Complete ALL of the following Courses:

- BIOL1406 - Modern Concepts in Biology II
- CHEM1402 - General Chemistry II
- KNES3303 - Anatomical Kinesiology and Orthopedic Injury
- KNES4304 - Performance Nutrition
- MATH2301 - Elementary Probability and Statistics
- PHYS1401 - General Physics I
- PHYS1402 - General Physics II

AND

Concentration Biology Electives

****Choose two of the following upper-level Biology courses:**

Complete at least 2 of the following courses:

- BIOL3403 - Vertebrate Embryology
- BIOL3404 - Genetics
- BIOL3406 - Pathophysiology
- BIOL3409 - Microbiology
- BIOL4403 - Histology

AND

Concentration Electives

****Choose 2 of the following courses as Upper-Level degree supporting electives:**

Complete at least 2 of the following courses:

- KNES4306 - Exercise for Special Populations
- KNES4307 - Exercise Testing and Prescription
- KNES4308 - Psychology of Sport, Exercise, and Human Performance
OR PSYC4308 - Psychology of Sport, Exercise, and Human Performance
- KNES4312 - Periodization Training

- KNES4320 - Essentials of Athletic Performance Development
- KNES4337 - Internship in Kinesiology and Health Sciences II
- PSYC4303 - Social Psychology
- PSYC4305 - Psychology of Abnormal Behavior
- BIOL4307 - Bioethics

***Please refer to entry requirements for your prospective Physical Therapy program for guidance selecting your upper-level Biology electives. Please discuss with advisor prior to enrolling in these classes to confirm your choice(s).*

OR

Pre-Occupational Therapy Concentration (28 Total Credit Hours)

The Pre-Occupational Therapy concentration requires the student to complete the health sciences major core courses, plus the following concentration and elective courses to satisfy the pre-requisite requirements for entry into a professional occupational therapy program.

Fulfill ALL of the following requirements:

Concentration Courses

Complete ALL of the following Courses:

- COMA1302 - Speech and Interpersonal Communication
- MATH2301 - Elementary Probability and Statistics
- PHYS1401 - General Physics I
- PSYC4305 - Psychology of Abnormal Behavior
- SOCI1301 - Introduction to Sociology

AND

Concentration Electives

****Choose 4 of the following courses as degree-supporting electives:**

Complete at least 4 of the following courses:

- BIOL4307 - Bioethics
- KNES3303 - Anatomical Kinesiology and Orthopedic Injury
- KNES3345 - Pedagogy of Kinesiology
- KNES4306 - Exercise for Special Populations
- KNES4307 - Exercise Testing and Prescription
- KNES4308 - Psychology of Sport, Exercise, and Human Performance
- OR** PSYC4308 - Psychology of Sport, Exercise, and Human Performance

- KNES4337 - Internship in Kinesiology and Health Sciences II
- PSYC3306 - Study of Aging
- PSYC3332 - Development of Infants, Children, and Adolescents
- PSYC4303 - Social Psychology
- PSYC4324 - Psychology of Learning

***Please refer to entry requirements for your prospective professional Occupational Therapy program for guidance selecting your upper-level degree supporting electives. Please discuss with advisor prior to enrolling in these classes to confirm your choice(s).*

OR

Pre-Chiropractic Concentration (22 Total Credit Hours)

The Pre-Chiropractic concentration requires the student to complete the health sciences major core courses, plus the following concentration and elective courses to satisfy the pre-requisite requirements for entry into a Doctor of Chiropractic program.

Fulfill ALL of the following requirements:

Concentration Courses

Complete ALL of the following Courses:

- COMA1302 - Speech and Interpersonal Communication
- CHEM1402 - General Chemistry II
- KNES3303 - Anatomical Kinesiology and Orthopedic Injury

AND

Concentration Electives

****Choose 4 of the following courses at a total of 12 hours as degree-supporting electives:**

Complete at least 4 of the following courses:

- CHEM3401 - Biochemistry
- CHEM3402 - Organic Chemistry I
- CHEM3403 - Organic Chemistry II
- KNES3345 - Pedagogy of Kinesiology
- KNES4306 - Exercise for Special Populations
- KNES4307 - Exercise Testing and Prescription
- KNES4308 - Psychology of Sport, Exercise, and Human Performance
- **OR** PSYC4308 - Psychology of Sport, Exercise, and Human Performance
- KNES4337 - Internship in Kinesiology and Health Sciences II

- PSYC3306 - Study of Aging
- PSYC3332 - Development of Infants, Children, and Adolescents
- PSYC4303 - Social Psychology
- PSYC4324 - Psychology of Learning

***Please refer to entry requirements for your prospective Doctor of Chiropractic program for guidance selecting your upper-level degree supporting electives. Please discuss with advisor prior to enrolling in these classes to confirm your choice(s).*

OR

Pre-Athletic Training Concentration (30 Total Credit Hours)

The Pre-Athletic Training concentration requires the student to complete the health sciences major core courses, plus the following concentration and elective courses to satisfy the pre-requisite requirements for entry into a graduate Athletic Training Program.

Fulfill ALL of the following requirements:

Concentration Courses

Complete ALL of the following Courses:

- CHEM1402 - General Chemistry II
- KNES3303 - Anatomical Kinesiology and Orthopedic Injury
- KNES4304 - Performance Nutrition
- KNES4307 - Exercise Testing and Prescription
- MATH2301 - Elementary Probability and Statistics
- PHYS1401 - General Physics I
- PHYS1402 - General Physics II

AND

Concentration Electives

****Choose 2 of the following courses as degree-supporting electives:**

Complete ALL of the following Courses:

- KNES4306 - Exercise for Special Populations
- KNES4308 - Psychology of Sport, Exercise, and Human Performance
OR PSYC4308 - Psychology of Sport, Exercise, and Human Performance
- KNES4312 - Periodization Training
- KNES4320 - Essentials of Athletic Performance Development
- KNES4337 - Internship in Kinesiology and Health Sciences II

***Please refer to entry requirements for your prospective Master of Athletic Training program for guidance selecting your upper-level degree supporting electives. Please discuss with advisor prior to enrolling in these classes to confirm your choice(s).*

Additional Comments:

Electives: Elective hours must be sufficient to meet minimum Total Credit Hour requirement.

Type

Completion Requirement

Pre-Physical Therapy Concentration:

Upper-Level 0 Total Credit Hours

Lower or Upper-Level 2-4 Total Credit Hours

Pre-Occupational Therapy Concentration:

Upper-Level 0 Total Credit Hours

Lower or Upper-Level 13-15 Total Credit Hours

Pre-Chiropractic Concentration:

Upper-Level 0 Total Credit Hours

Lower or Upper-Level 19-21 Total Credit Hours

Pre-Athletic Training Concentration:

Upper-Level 0 Total Credit Hours

Lower or Upper-Level 11-13 Total Credit Hours

Additional Comments:

Total Credit Hours

Type

Completion Requirement

Minimum: 120 Total Credit Hours

Additional Comments:

Additional Course Information

Type

Completion Requirement

Service-Learning

The following list of courses found in the above degree plan contain a field-based service-learning component.

BIOL3404 Genetics

KNES4336 Intern/Kinesiology/Hlth Sci I

PSYC3332 Dev/Infants/Child/Adolescents

AGP-Eligible

The following list of courses found in the above degree plan contain an AGP-Eligible component. More information can be found [here](#).

KNES4303 Applied Biomechanics

Additional Comments:

NOTE: Degree plan subject to adjustment as state policy changes.

A 120-credit-hour minimum for a bachelor's degree is required, including 36 upper-level credit hours.

At least 12 credit hours in the major program must be completed at Dallas Baptist University, including nine upper-level course hours.

Minimum GPA Required for Graduation from Dallas Baptist University: DBU requires a minimum institutional cumulative, major, and minor GPA of 2.0.

Refer to individual course descriptions for course requisites.



March 2nd, 2025

To Whom It May Concern,

It is my great pleasure to recommend Lananh La for any scholarship opportunities she may pursue. Lananh has been a volunteer at my outpatient physical therapy facility since September 2024, dedicating 1-2 days a week to observing and assisting as part of her class requirements. Over this time, she has consistently impressed me with her kindness, dedication, and remarkable ability to connect with people.

Lananh is not only friendly and hardworking but also demonstrates a level of empathy and attentiveness that is rare to see in someone her age. Whether welcoming patients into our facility or offering support during their visits, she creates a comfortable and positive environment that has been a gift to our patients and staff alike.

Beyond her weekly contributions, Lananh went above and beyond by assisting at the annual Aging Wellness Expo in Arlington, Texas. At this event, she represented our company with professionalism and enthusiasm. She warmly greeted attendees, provided information about our services, and demonstrated a strong work ethic by helping break down our booth. Her ability to adapt to a dynamic environment and engage with a diverse group of people was truly commendable.

Lananh's thoroughness and natural ability to care for others make her an excellent candidate for any scholarship program. She possesses the qualities of a compassionate leader and is deeply committed to making a positive impact on her community. I am confident that she will continue to excel academically and personally in her future endeavors.

Please do not hesitate to contact me at 817-583-6424 or via email at hunterprofessional@att.net if you have any questions or need additional details.

Sincerely,

Dr. Tiffaney Hunter

Doctor of Physical Therapy

Phone: (817) 583-6424

Hunter Professional Therapy, LLC
3602 S Cooper St. Ste 100
Arlington, TX 76015

Fax: (817) 476-6333

**STATE OF TEXAS
ACADEMIC ACHIEVEMENT RECORD
(ACCREDITED)**

Lan-Anh Vu La
Student ID: 220553
SSN : 642-06-3516
DOB : 01/11/2007
FEMALE
Non-Hispanic, Asian
GRADE : 12

Parents/Guardian
Nhung Vu
2471 Waterside Dr
Grand Prairie TX 75054

MANSFIELD ISD
Mansfield Lake Ridge HS
101 N Day Miar Rd
Mansfield TX 76063
(682) 314-0400
CCBC: 444457

END OF COURSE

English I : Masters	Spring 2022
English II: Meets	Spring 2023
Biology : Masters	Spring 2022
Algebra I : Masters	Spring 2021
US History: Masters	Spring 2024

Schools Awarding Credit
2023 220908007/220908007

2021 220908044/220908044
2024 220908007/220908007

2022 220908007/220908007
2025 220908007/

	SM1	SM2	AVG	CR		SM1	SM2	AVG	CR
LANGUAGE ARTS					HEALTH				
21/22 ENG 1:H	94	97	96	1.00	20/21 HLTH ED:J	99		99	.50
22/23 ENG 2:H	98	98	98	1.00	P.E./EQUIVALENT				
22/23 PUBSPKG3:DRH		98	98	.50	21/22 SUBCHLDG	97	100	99	1.00
23/24 ENG 3:HD	100	99	100	1.00	OTHER LANGUAGE				
24/25 ENG 4:HD	98			.50	20/21 SPAN 1:J	92	94	93	1.00
SPEECH					21/22 SPAN 2	97	96	97	1.00
20/21 PROF COMM:J		99	99	.50	23/24 ASL 1:HD	97		97	1.00
MATHEMATICS					23/24 ASL 2:HD		98	98	1.00
20/21 ALG 1:JH	83	94	89	1.00	FINE ARTS				
21/22 GEOM:H	96	95	96	1.00	22/23 DAN4HIS:DRH		100	100	.50
22/23 ALG 2:H	99	96	98	1.00	22/23 TH4PROD:DRH		100	100	.50
23/24 APSTATS:HP	99	100	100	1.00	CAREER/TECH ED				
SCIENCE					21/22 PRINHLSC:7	100		100	1.00
21/22 BIO:H	95	94	95	1.00	21/22 MEDTERM		97	97	1.00
22/23 CHEM:H	99	100	100	1.00	22/23 INCULART	95		95	1.00
23/24 AP-ENVIR:HP	99	97	98	1.00	22/23 HLTHSCI:7		95	95	1.00
24/25 AP-BIO:HP	99		99	.50	24/25 PRACHLS1	97			1.00
SOCIAL STUDIES					LOCAL ELECTIVES				
21/22 APHUMGEOW:HP	97	95	96	1.00	22/23 LOCAL PE:L	100			.50
22/23 APWHIST:HP	100	100	100	1.00	22/23 LOCAL PE:L	100			.50
22/23 PSYCH:DRH		99	99	.50	22/23 LOCAL PE:L		100		.50
23/24 GOVT:DRH	98		98	.50	22/23 LOCAL PE:L		100		.50
23/24 US HIST:HD	100	100	100	1.00	23/24 LOCAL PE:L	100			.50
23/24 SOC:HD		98	98	.50	23/24 LOCAL PE:L	100			.50
24/25 APEUHIST:HP	100		100	.50	23/24 LOCAL PE:L		100		.50
24/25 SPTSS4:HD	99		99	.50	23/24 LOCAL PE:L		100		.50
24/25 SS RES2:HP	100		100	.50					
ECON/FREE ENT									
24/25 ECO-FE:HD	98		98	.50					

Page 1 of 1

Credit Totals: State 30.00 Local 4.00

Date of Class Rank: 01/24/2025
Rank: 28 Class Size: 680
GPA: 103.868
Quartile: 1
FHSP Speech Req Met Date: 05/26/2021
CPR Instruction Met Date: 12/17/2020
Financial Aid Appl Req Met Date:
Date Printed: 02/20/2025
Performance Acknowledgements

Date of Certificate:
Date of Graduation :
Graduation Program Type: FOUNDATION HIGH SCHOOL PROGRAM
Peace Officer Interact Met Date: 05/25/2023
First Early HS Completion Program:
Advanced Measures:
Distinguish Lvl of Achievement (Pursued)
Endorsements

Sharon Samuel

Official Signature

Passing is 70 or above
P = Passing F = Fail
7=HEALTH SUBSTITUTION D=DUAL CREDIT H=HONORS
J=HS+PRIOR TO 9TH GRADE L=LOCAL CREDIT COURSE
P=ADVANCED PLACEMENT COURSE R=SUMMER SCHOOL COURSE

**Texas Amateur Athletic Federation
Scholarship Application**

407 N. Water Street

Burnet, Texas 78611

www.taaf.com

Please indicate which scholarship category and semester you are applying for.

(You may apply for more than one scholarship category if you meet the requirements; however,
SEPARATE APPLICATIONS are REQUIRED for each scholarship category.)

☒ High School Student Category (Dan Whitworth Scholarship) Semester: ☒ Fall ☐ Spring ☐ Summer

☐ College Student Category (Dan Whitworth Scholarship) Semester: ☐ Fall ☐ Spring ☐ Summer

☐ Linda Cornelius Athlete Category (High School or College Student) Semester: ☐ Fall ☐ Spring ☐ Summer

☐ Parks & Recreation Employee Category Semester: ☐ Fall ☐ Spring ☐ Summer

Or certification program: _____

Section 1 (Please type)

1. La Lananh V.
Last Name First Name MI

2. 2471 Waterside Dr Grand Prairie Texas 75054
Mailing Address (Home or Permanent Residence) City State Zip Code

3. 469-877-7939 lananhla03@gmail.com
Home Phone Number Business Phone Number E-Mail

4. Mansfield Lake Ridge High School 05/24/2025
High School or College/University attending/graduated Graduation Date

5. High School/College Grade Point Average (GPA) on a 4-point scale: 3.99 UW
(Transcripts must be attached for verification)

Major: _____ Semester Hours Attained: _____

Minor: _____ Semester Hours Next Semester: _____

6. Dr. Tiffaney Hunter Clinic Intern (Unpaid) 09/10/2024
Current Employer Job Title Date of Employment

Texas Amateur Athletic Federation
Scholarship Application
407 N. Water Street
Burnet, Texas 78611 www.taaf.com

Section 2 (Attach the additional sheets provided if necessary)

1. Describe volunteer and leadership experiences, accomplishments, honors, recognitions and awards received. These experiences may include academic, job related, and/or community service organizations with which you have been involved. Include your position and length of involvement.

<u>Activities</u>	<u>Dates</u>
Cinderella Charity Ball - 2024 Miss Cinderella Candidate: - Created an individual charity campaign, raising over \$13,000; Designed ads & campaign letters, directed fundraisers, spoke at non-profit meetings; Awarded the 1st Place Catherine Lautzenheiser Memorial Award	Dec. 2023-Apr. 2024
HOSA : Health Occupations Students of America (Medical Club) - Vice President: - Compete in skills events & written tests; Initiated NMDP service project; Expanded active membership from 83 to 230+; Won 1st Place @ State Leadership Conference (Physical Therapy)	Aug. 2023-Present
Hand-in-Hand Share Missions (Medical Non-Profit) - 35 hours: - Aid & observe over 150+ low-income patients from an underserved community; Record data, manually take patients' vitals, calculate health units, and help administer flu vaccines.	Sept. 2021-Present
Girls & God - Co-Founder: Co-Founded an intimate, empowering all-girls club to cultivate a tight-knit community built on faith; Led insightful Bible studies & engaging meetings.	May 2024-Present

2. Please list your chosen or anticipated field of study and explain why you believe the field is important.

Tink, tink... a never-ending sound of pills filling prescription bottles nationwide. While the pharmaceutical industry continues to tighten their strangle on American healthcare, I divert my focus on a different healing approach: holistic medicine. With passion to grant others kinesthetic freedoms, I am eager to study health sciences on a Pre-PT track in order to become a Doctor of Physical Therapy and eventually open my own clinic. Whilst surgical medicine merely focuses on *survival*, physical therapy allows that patient to actually *live*. By becoming a physical therapist, I will be privileged to help a grandmother regain the strength to carry her grandchild. I will be privileged to help children run on the playground again at recess. Ultimately, I will be privileged to exhaust my body so that my patients can move theirs. I wholly see the overlooked importance of mobility and its priceless value within one's life, which is why I believe the field of physiotherapy and the broader subject of kinesiology is undoubtedly crucial to understand the mechanics of rehabilitation.

3. How does Parks and Recreation have an impact on a community? How has it impacted you personally?

In a world immersed in technology and innovation, Parks and Recreation play a vital role in bridging the gap between the vibrant vitality that humans thrive on, and the lifeless labor that we routinely tend to get lost in. The opportunities and resources that all Parks and Recreation departments offer ultimately enhance a community's health—both mental and physical. Not only do nature parks, recreation centers, and local events cultivate individual wellness, but also integrates others to strengthen community. One example being my local nature park, the Elmer W. Oliver Nature Park, which serves as a testament to the beautiful healing that Parks and Recreation have had on my life—from giggling at birthday parties to chatting with friends on nature walks, this recreation ground has single-handedly been the foundation for countless memories and athletic health journeys.

4. If awarded this scholarship, how would you utilize your educational experience to make an impact on the parks and recreation / leisure services profession in your community or society as a whole?

Through the support of this scholarship, I will be able to soar in my educational experience with exercise science and kinesiology to initiate my goals of aerobic health and mobility promotion. As an aspiring physical therapist, it is my sole duty to restore movement in my patients and allow them to enjoy recreational activities. I aim to collaborate with parks and recreation departments to develop fitness workshops and community wellness programs. These initiatives would promote recreational engagement and keep members active, ultimately highlighting my core values of aerobic wellness. Additionally, I am passionate about advocating for inclusive recreational spaces, ensuring that individuals with physical limitations have access to adaptive activities and facilities. By merging my healthcare expertise with the parks and leisure services profession, I hope to foster a healthier, more active community.

5. Explain your career goals upon graduation.

Before my senior year, I intend on applying to physical therapy schools through the PTCAS and begin my graduate school journey for my doctorate in physiotherapy. Upon graduating PT school, I aim to immerse myself in the industry and practice healing others through holistic medicine as a licensed physical therapist. After gaining appropriate experience, I strive to make a personal difference by opening my own physical therapy clinic with the intentional mission of empowerment. Not only do I want to approach rehabilitation with patient-centered treatment, but I also seek contribution in philanthropic endeavors. Combating the disparities in accessible healthcare starts with initiative, and I fully intend to cater to low-income and marginalized populations with inclusive care. By leveraging innovation and advocacy, I will offer broader access to foster health equity—a lingering issue in the medicinal industry. Ultimately, opening my own clinic will allow me to advance a meaningful goal larger than myself: creating a world where people of any race, gender, and economic status can access holistic healthcare.

6. Are there any other factors you would like us to consider in evaluating your application? If so, please explain.

During my junior year, my mother battled invasive ductal breast cancer—which greatly affected both my academic performance and my family's financial stability. Although we were incredibly grateful that her cancer wasn't fatal, the overwhelming financial weight is a lingering burden that we still reap today. Her diagnosis exhausted her to an extreme and she was unable to work for 8 months and was detrimental to our income. Even with her medical insurance, the piled on costs of radiation appointments, mammogram follow-ups, and post-mastectomy equipment poses a large incentive for me to apply for assistance. Especially after this tumultuous experience, I would find great alleviation in receiving this scholarship as it will enable me to thrive in my studies, gain healthcare experience, and partake in professional research. I am truly grateful for the opportunity the TAAF scholarship represents, and I am dedicated to using this support to make a powerful impact both in my career and in the lives of others.

Additional Comments:

Texas Amateur Athletic Federation
Scholarship Application
407 N. Water Street
Burnet, Texas 78611
www.taaf.com

Section 3 (Please attach the following documentation under the scholarship category you are applying for)

Dan Whitworth Memorial Scholarship - High School Student Category

- Letter of acceptance from a College or University. Enrollment verification of a minimum of 12 semester hours in classes directly related to acquiring a degree in the field of sports sciences, kinesiology, conservation, physical education, recreation and tourism management and/or other related courses of study which may contribute to the field of parks and recreation will be required upon registration and prior to the awarding of scholarship funds.
- Official High School transcript (to include class rank and/or GPA)
- Official college entrance examination score
- Course curriculum/degree plan
- One letter of recommendation

Dan Whitworth Memorial Scholarship - College Student Category

- Enrollment verification of a minimum of 12 hours from a College or University with accredited programs relating to a degree in the field of sports sciences, kinesiology, conservation, physical education, recreation and tourism management and/or other related courses of study which may contribute to the field of parks and recreation.
- Verification of a GPA of at least 2.5 on a 4.0 scale from previous semester
- Course curriculum/degree plan
- One letter of recommendation

Linda Cornelius Athlete Category (High School or College Student)

- Texas Amateur Athletic Federation state competition roster(s) or individual sports card(s) and/or a letter detailing the state event(s) participated in, location, year, and region you represented.
- Enrollment verification from a College or University
- Verification of a GPA of at least 2.5 on a 4.0 scale from previous semester
- Course curriculum/degree plan
- One letter of recommendation

Parks & Recreation Employee Category

- Employer verification of your continuous service, employee classification, satisfactory work performance, and that no disciplinary action exists in the preceding 6 months of this application.
- Enrollment verification from a College or University.
- Verification of a GPA of at least 2.5 on a 4.0 scale from previous semester
- Course curriculum/degree plan
- One letter of recommendation from your current agency executive / director.

The application and all requested documentation under the scholarship category you are applying for, is due to the T.A.A.F. state office via email (ginger@taaf.com) by **March 31st** of each year. Application will be null and void if all documentation is not received in specified time frames and if the applicant falsifies any documentation in the application.

Lananh La
Applicant's Signature

3/29/25
Date

Your Score Reports

Your Latest Test

SAT December 7, 2024 Administration
Tested on: Dec 7, 2024, 12th Grade

TOTAL SCORE

1220
400 - 1600

Reading and Writing

600

Math

620

You've improved **10 points** since your last SAT test!

You meet or exceed our college and career readiness benchmarks in Reading and Writing and Math!

Next Steps

Practice and Improve

>