

TAAF Region 7 Regional Track Meet
July 13-15, 2023
Greenville High School- T.A. Cotton Ford Stadium
3515 Lions Lair, Greenville Tx 75402

THIS WILL BE A ROLLING MEET. EVENTS WILL START AT START TIME AND ROLL THROUGHOUT THE DAY.

Thursday, July 13

5:00pm

COACHES MEETING ON FIELD

Running Events – All events are timed finals – Events start at 6:00pm

3200m Run	14UG, 16UG, 18UG, 14UB, 16UB, 18UB
1600m Run	10UG, 12UG, 10UB, 12UB

**Field Events
4:00pm**

<u>Triple Jump</u>	<u>Pole Vault</u>
14UG	18UB
14UB	16UB
18UG	14UB
18UB	18UG
16UB	16UG
16UG	14UG

Friday, July 14

Running Events – All events are timed finals

8:30am	800m Run	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	400m Relay	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	400m Dash	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	50m Dash	6UG, 6UB, 8UG, 8UB
	80m Hurdles	12UG (8 @ 30"), 12UB (8 @ 30")
	100m Dash	6UG, 6UB, 8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	200m Dash	8UG, 8UB, 10UG, 10UB, 12UG, 12UB
	1600m Relay	10UG, 10UB, 12UG, 12UB

**Field Events
8:30am**

<u>High Jump</u>	<u>Long Jump</u>	<u>Shot Put</u>	<u>Discus</u>
18UG	14UG	18UB	14UG
18UB	14UB	18UG	16UG
16UG	16UB	14UB	18UG

10:30am

16UB	16UG	14UG	14UB
14UG	18UG	16UB	16UB
14UB	18UB	16UG	18UB

Saturday, July 15

Running Events – All events are timed finals

8:30am	1600m Run	14UG, 16UG, 18UG, 14UB, 16UB, 18UB
	400m Relay	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	100m Hurdles	14UG (10 @ 30"), 16UG (10 @ 33"), 18UG (10 @ 33")
	110m Hurdles	14UB (10 @ 36"), 16UB (10 @ 39"), 18UB (10 @ 39")
	800m Run	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	100m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	400m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	300m Hurdles	18UB (8 @ 36"), 16UB (8 @ 36"), 14UB (8 @ 30"), 18UG, 16UG, 14UG (8 @ 30")
	200m Dash	14UG, 14UB, 16UG, 16UB, 18UG, 18UB
	1600m Relays	14UG, 14UB, 16UG, 16UB, 18UG, 18UB

**Field Events
8:30am**

<u>High Jump</u>	<u>Long Jump</u>	<u>Shot Put</u>
8UB	12UB	10UG
8UG	12UG	10UB
10UG	8UB	12UB

10:30am

10UB	8UG	12UG
12UB	10UG	N/A
12UG	10UB	N/A

Running Events

All runners entered into running events must report and check-in at the heating tent when their event is called. If there is a conflict with a Field Event, make sure the Heating Tent and Field Event Judge are notified. **Running Events will take precedence over Field Events. Field Event participants may report late to their field event only if they are competing in a running event at the same time and the Field Event judge HAS BEEN NOTIFIED. Runners missing their assigned heats will be disqualified.** Runners will be timed electronically and the finish of each race will be videotaped. All runners MUST wear a leg number corresponding to their lane which will be provided in the heating tent.

Field Events

All events will be finals with three (3) attempts per participant (exception: high jump and pole vault). All participants should be prepared to check in at their field event location 15 minutes prior to scheduled start time. All Field Event participants must finish their event within the 60 minute time limit, unless approved.

State Meet

The top x finishers in each event are guaranteed to advance to the 2023 TAAF State Games of Texas in Brownsville, Texas. All state meet qualifiers must declare their acceptance by paying the state meet entry fee of \$10.00 per person, per event. This payment must be made at the awards table by the end of the Regional Meet in Greenville.

Admission

Admission to the Regional Track Meet is \$5 per person, per day or \$10 per person for a weekend pass.