

**2023 TAAF Region 5  
&  
TAAF Region 3 & 11  
Regional Track and Field Meet  
Rolling Schedule of Events  
Friday, July 14, 2023**

**7:30AM – 8:30AM    SCRATCHES**

**FIELD EVENTS (14 & Under, 16 & Under, 18 & Under Divisions)**

<b>8:30 AM</b>	<b>Pole Vault: Pit #1</b> 14 & Under Girls 16 & Under Girls 18 & Under Girls	<b>Discus:</b> 14& Under Girls/Boys 16& Under Girls/Boys 18& Under Girls/Boys	
<b>9:00 AM</b>	<b>Long Jump: (Pit #2)</b> 14 & Under Girls/Boys 16 & Under Girls/Boys 18 & Under Girls/Boys	<b>Triple Jump: (Pit #3)</b> 18 & Under Girls/Boys 14 & Under Girls/Boys 16 & Under Girls/Boys	
	<b>High Jump: (Pit # 1)</b> 14 & Under Girls 16 & Under Girls 18 & Under Girls	<b>High Jump: (Pit # 2)</b> 14 & Under Boys 16 & Under Boys 18 & Under Boys	<b>Shot Put:</b> 14 & Under Girls/Boys 16 & Under Girls/Boys 18 & Under Girls/Boys

**9:00 AM            RUNNING EVENTS (6 & Under, 8 & Under, 10 & Under, 12 & Under Divisions)**

<b>3200 M Run</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under Girls/ Boys</b>
50 Meter Dash	6 & Under, 8 & Under Boys and Girls
400M Relay	8 & Under, 10 & Under, 12 & Under Girls/Boys
800M Run	8 & Under, 10 & Under, 12 & Under Girls/Boys
80M Low Hurdles	12 & Under Girls/Boys
100M Dash	6 & Under, 8 & Under, 10 & Under, 12 & Under Girls/Boys
400M Dash	8 & Under, 10 & Under, 12 & Under Girls/Boys
200M Dash	8 & Under, 10 & Under, 12 & Under Girls/Boys
1600 Meter Run	10 & Under, 12 & Under Girls and Boys
1600M Relay	10 & Under, 12 & Under Girls/Boys

**ATHLETE REPORTING FOR EVENTS/RACES:**

**\*The field events will begin promptly at the designated time, in order of the listed age divisions.**

**All runners MUST report and physically check-in at the heating area when their events are called and MUST stay in the heating area until their heat is taken to the starting line. ALL runners MUST report RACE READY...MEANING DO NOT BRING EXCESS ITEMS WITH THEM TO CHECK IN.**

**\*This is a rolling schedule, so please make sure athletes are present at the initial start time of each event, as we will not wait on anyone who is not present at the start of their age division.**

**\*The 3200 Meter Run for 14U, 16U, and the 18U Girls/ Boys will be the first running event of the day.**

**FIELD EVENTS – Triple Jump Take-off boards on all runways will be at distances of 24', 32' and 38'. Athletes will need to declare which take off board they are using when they check-in for their event and they may not change boards during their competition. No other take-off distances will be permitted so athletes should practice using these distances prior to arriving at State.**

Rev. 6/23/23

**2023 TAAF Region 5  
&  
TAAF Region 3 & 11  
Regional Track and Field Meet  
Rolling Schedule of Events  
Saturday, July 15, 2023**

**7:30-8:30 AM SCRATCHES**

**8:30 AM Pole Vault: Pit #1**  
14 & Under Boys  
16 & Under Boys  
18 & Under Boys

**9:00 AM FIELD EVENTS: (8 & Under, 10 & Under, 12 & Under Divisions)**  

<b>Long Jump Pit # 2</b>	<b>Long Jump Pit # 3</b>	<b>Shot Put</b>
8 & Under Girls	8 & Under Boys	10 & Under Girls/Boys
10 & Under Girls	10 & Under Boys	12 & Under Girls/Boys
12 & Under Girls	12 & Under Boys	

<b>High Jump: Pit # 1</b>	<b>High Jump Pit # 2</b>
12 & Under Girls	12 & Under Boys
8 & Under Girls	8 & Under Boys
10 & Under Girls	10 & Under Boys

**9:00 AM RUNNING EVENTS: (14 & Under, 16 & Under, 18 & Under Divisions)**

1600 Meters	14 & Under, 16 & Under, 18 & Under Girls/Boys
400 Meter Relay	14 & Under, 16 & Under, 18 & Under Girls/Boys
100 Meter Hurdles	14 & Under, 16 & Under, 18 & Under Girls
110 Meter Hurdles	14 & Under, 16 & Under, 18 & Under Boys
800 Meters	14 & Under, 16 & Under, 18 & Under Girls/Boys
100 Meter Dash	14 & Under, 16 & Under, 18 & Under Boys/Girls
400 Meter Dash	14 & Under, 16 & Under, 18 & Under Boys/Girls
300 Meter Hurdles (30")	14 & Under Boys, 14 & Under, 16 & Under, 18 & Under Girls
300 Meter Hurdles (36")	16 & Under, 18 & Under Boys
200 Meter Dash	14 & Under, 16 & Under, 18 & Under Girls/Boys
1600 Meter Relay	14 & Under, 16 & Under, 18 & Under Girls/Boys

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**We do not anticipate any changes in the meet schedule currently; however, note that the schedule is subject to change. Please check with officials on meet date to get a copy of the most current schedule and pay attention to announcements regarding schedule changes.**