



GYMNASTS, COACHES, PARENTS



Join Us

2017 TAAF GYMNASTICS CAMP, COACHES CLINIC & PARENT BOOT CAMP

Date: October 14 & 15

Time: Saturday, Oct 14	3:00 – 7:00pm	Coaches Clinic
Sunday, Oct 15	8:00 - 12:00pm	Camp-Levels 1-3P, Xcel Bronze & Silver in 2018
	1:00 – 5:00pm	Camp-Levels 4-8, Xcel Gold, Plat, Diam in 2018
Sunday, Oct 15	8:30 – 11:30am	Parent Boot Camp (Option 1)
	1:30 – 4:30pm	Parent Boot Camp (Option 2)

Where: Texas Dreams Gymnastics, 117 Wrangler Dr Suite 175, Coppell, Texas

What: Coaches Clinic

Hands on spotting, skill breakdown, and judges' critiques. Every level coach will benefit from this clinic. See tentative schedule below.

Handspring Vault What the heck are those judges looking for?	Easy Steps to Teaching & Spotting a Dynamic Handspring Vault	Secrets to Achieving a Perfect Handstand, Round Off, and Back Handspring	HELP! My girls are drowning in deductions on Bars
Fundamentals of Coaching Tumbling	Leaps and Jumps and Turns Oh My!	Best Practices for Coaching & Spotting Bar Skills	Secrets to Successful Tumbling on the Beam

Gymnastics Camp

A fun yet challenging camp where gymnasts will be taught new skills as well as prepare for the 2018 season. Gymnasts will be grouped according to the level they will compete in 2018. Two coaches for every 10 gymnasts! TAAF coaches as well as TWU team members will lead the camp.

Parent Boot Camp

Every parent should be required to take Parent Boot Camp! Learn all about scoring, stress management, a parent's role in the life of a gymnast, and much more. Led by Jan Eyman, National Judge and owner of GymTricks Gymnastics.

Who: All TAAF gymnasts, parents and coaches

Cost: Gymnastics Camp \$60 (Includes T-shirt)
 Coaches Clinic \$50
 Parent Boot Camp \$30

How: Register at www.TAAF.com and click Online Registration. **The deadline is October 1!**