1997 T.H.H.F. Female Hthlete of the Year



Rachal Roessler Lorena, Texas

1997 T.A.A.F. Region 5- Discus and Shot Put - Gold
1997 T.A.A.F. Games of Texas - Discus and Shot Put - Gold
1997 T.A.A.F. Region 5 Athlete of the Year
1996 T.A.A.F. Region 5- Discus and Shot Put - Gold
1996 T.A.A.F. Games of Texas - Discus - Gold
1996 T.A.A.F. Games of Texas - Shot Put - Bronze
1995 T.A.A.F. Region 5- Discus - Silver and Shot Put - Bronze
1995 T.A.A.F. Games of Texas - Discus - Bronze
1994 T.A.A.F. Games of Texas - Discus - Gold
1993 T.A.A.F. Region 5- Discus - Silver
1993 T.A.A.F. Games of Texas - Discus - Silver
1995, 1996, 1997 - Track Most Valuable Player
1994 - Who's Who in Sports
National Honor Society, German Club
1996, 1997 National Merit English Award

Selected as the 1997 T.A.A.F. State Female Athlete of the Year