

Figure Skating Championships January 18, 2015

USFS Well Balanced and Basic Skills
With ISI Combined Events

The Dr Pepper Star Center - Frisco Frisco, Texas

Hosted By: Dallas Figure Skating Club

Registration due via **EntryEeze** no later than **December 15, 2014**Entry Page: www.dallasfsc.org
Payment via secured credit card transaction

Sanctioned by:



2015 TAAF Winter Games of Texas January 18, 2015

Hosted by The Dallas Figure Skating Club

The 2015 Winter Games of Texas Figure Skating Championships is a merged U.S. Figure Skating sanctioned event endorsed by the ISI. For skaters in the ISI program, a conversion chart is provide to help determine your appropriate competition level.

This competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

The foundation of this announcement follows the U.S. Figure Skating Non-Qualifying Competition format with minor modifications to support the addition of ISI skaters.

Participants must be a resident of the State of Texas.

ELIGIBILITY/TEST LEVEL:

The Winter Games of Texas Figure Skating Championships is a U.S. Figure Skating sanctioned event endorsed by the ISI but membership in U.S. Figure Skating and/or ISI is NOT required. Registered members of U.S. Figure Skating and ISI must be in good standing, and USFS and ISI members must include their USFS or ISI number at registration time.

Test level and Grouping: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Where noted, entrants may skate one level above that for which they qualify, but they may not skate down in any event.

All SNOWPLOW SAM, and BASIC 1-8 skaters must skate at highest level passed, and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances. The same applies to ISI equivalent levels as noted in the Conversion Chart.

For FREE SKATE 1-6, eligibility will be based only upon highest Basic Skills Free Skate test level passed (Moves in the Field test will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the competition.

Skaters entering beginner-pre-juvenile, Basic 1-8, Free Skate 1-6, and SNOWPLOW SAM events will be divided as closely as possible by age should the number of entries warrant more than one group.

Eligibility for all age-restricted events is determined by the skater's age as of December 15, 2014.

Adults 19 years and older will compete in separate events in most divisions unless they chose to compete with skaters under 19 years of age. Showcase will not be separate by age. Synchronized teams will be separated according to the rules as specified. Adult events may be combined due to limited entries.

ENTRIES: Entries will be limited, so register early. Only online entries with secure credit card payment through EntryEeze will be taken, and Teams must complete the team roster section. See event site at www.DallasFSC.org for more information. Note that electronic entries must be paid with a successful credit card transaction to be considered valid and **must be completed by midnight, December 15, 2014.** Late entries will be accepted at the discretion of the competition committee, and only if accompanied by a \$30 late fee.

There will be a \$25 change fee for each change of event or level after the entry deadline date.

Introductory, Snowplow Sam, Basic 1-8,	\$65 for first event, \$25 for each additional
Free Skate 1-6	event
Test Track, Well Balanced, Compulsory,	\$85 for first event, \$25 for each additional
Showcase	event
Synchronized Team Entry	\$65 for the team plus \$15 per skater
Pairs	\$65
Theater on Ice Team Entry	\$65 for the team plus \$10 per skater

*Note – Limited Pre-Preliminary and Open Pre-Juvenile are not considered part of the standard competition series but past demand has warranted us to continue to offer them.

<u>REFUND POLICY:</u> Entry fees will not be refunded after December 15, 2014, unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events

Full refunds, **minus the online processing fee**, are available if withdrawal is prior to the entry deadline.

FACILITIES: The Dr Pepper StarCenter is located in Frisco, Texas, at 2601 Avenue of the Stars, Frisco, TX which is 85' x 100' with rounded corners.

<u>MUSIC:</u> The official competition music must be turned in at the registration table at the time of check-in. **Skaters will not be allowed to register without submitting their music**. Competitor's practice ice CDs are to be turned in to the Ice Monitor just prior to the competitor's official practice. The official competition music CD turned in at the Registration Desk is for use during the event and **may not** be retrieved for Practice Ice use.

Music Do's and Don'ts

- Have a separate CD for practice and competition, and for each competitive program.
- A duplicate CD should be readily available at event time.
- Single track CDs only. No CD-RWs.
- CDs must be clearly marked with competitor's name, event, and running time of music. Music may be picked up at the registration table following each event.

Every reasonable care will be taken, but the Dallas Figure Skating Club cannot be responsible for CDs left at the end of the competition.

<u>LIABILITY:</u> U.S. Figure Skating, ISI, Dallas Figure Skating Club, and Dr Pepper StarCenters accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

<u>JUDGING SYSTEM:</u> U.S. Figure Skating 6.0 ordinal scoring method will be used for all events and judging will be by official US Figure Skating Judges. Judging panels for Basic Skills events may also include qualified US Figure Skating members.

<u>REGISTRATION:</u> See the event site located at <u>www.dallasfsc.org</u> for registration begin and end day and time. Registration will be open from one to two hours before the first event and run through the last event of the day. The registration table will be located at ice level by the Skate Rental counter. Please register promptly upon arrival and remember to bring you official music CD(s).

For questions, please contact Registration at rvormt@gmail.com

<u>PRACTICE ICE:</u> Practice ice may be chosen online for \$12.00 for singles and \$20 for pairs for each 20 minute session. Exclusive Team practice ice may be chosen online for \$90 for each 20 minute session. **Pre-paid practice ice is non-refundable and may not be sold to other skaters.** Practice ice can only be purchased through Entryeeze until the desk opens at the event.

Once the desk opens at the event, all remaining practice ice sessions will be sold only in person at the practice ice desk for \$13 for singles and \$22 for pairs for each 20 minute session.

We do not guarantee that everyone's music will be played on each session. You must have a backup copy to use on the practice ice copy as we will not retrieve music turned in at registration. We will not accept credit cards for purchases make at the rink. Make checks payable to Dallas FSC.

<u>PHOTOGRAPHY/VIDEOGRAPHY</u>: Awards photos by Joan Cristobol. The competition committee reserves the right to restrict personal videotaping to your skater only. Personal cameras will be permitted in the bleachers only and may not be plugged into arena outlets. Videotaping for personal profit is not allowed.

<u>AWARDS:</u> Medals will be awarded to first, second, and third place winners in all events. Event will consist of a qualifying round and a final round if there are more than 15 skaters in the event. The qualifying rounds will entitle the top three places to a medal. The championship round will entitle the top three places to medals. Synchro Teams will be grouped by Division if there are at least two teams entered in the same division, otherwise all teams will be considered an exhibition and will be given a critique (upon request).

All awards will be presented off-ice at the photographer's stand following each event.

ALL MEDALISTS FROM THE TAAF WINTER GAMES OF TEXAS WILL QUALIFY TO ADVANCE TO THE STATE GAMES OF AMERICA NATIONAL COMPETITION.

The 2015 State Games of America are being held July 28 - August 2, 2015 in the Lincoln, Nebraska area.

<u>OFFICIAL NOTICES:</u> An official bulletin board will be maintained at the Dr Pepper StarCenter - Frisco. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFORMATION:

Chief Referee
Janet Wagner
jstukwag@outlook.com

Competition Chair Rose Varner RVorMT@gmail.com

Event Registrar
Rose Varner and Megan Toohey
RVorMT@gmail.com

Program Richard Glenn richardg@plano.gov

<u>SCHEDULE:</u> Competition and practice ice schedules will be adjusted to accommodate registrations. When ready, schedules will be posted within Entryeeze at <u>www.dallasfsc.org</u>

<u>PROGRAM ADVERTISEMENTS:</u> Treat your favorite skater or coach to a special recognition by putting an advertisement in the program. Complete the Program Advertisement form found on the event site located at <u>www.dallasfsc.org</u>. Payment is to be made through EntryEeze.

HOTEL ACCOMMODATIONS:

Holiday Inn Express - Frisco 3400 Parkwood Blvd Frisco, TX 75034 972-668-5959

Room Rate: \$112 plus hotel tax (mention "Winter Games of Texas") for rate. Limited complimentary breakfast included.

TRANSPORTATION

There are a couple of options for flying into the Dallas area. The most convenient is DFW Airport. Another nearby airport is Love Field in Dallas.

ISI Program Members: If you are in an ISI program, please use the below conversion chart to determine your appropriate competition level.

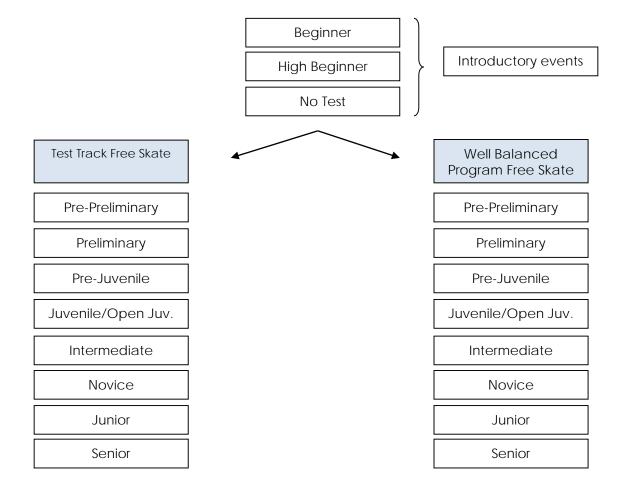
ISI members can enter either Test Track or Well Balanced Free Skate events but NOT both.

If You Passed ISI level	Enter USFS	If You Passed ISI level	Enter USFS
	level		level
Tot or Pre-Alpha (age 7 and	Basic 1	Freestyle 8 / Open Platinum	Junior or Senior
older) Alpha			
Advanced Pre-Alpha	Basic 2	Freestyle 9 / Open Platinum	Senior
Advanced Pre-Alpha	Basic 3	Freestyle 10 / Open Platinum	Senior
Alpha/Gamma	Basic 4	Freestyle 2 / Open Bronze	Adult Pre-
			Bronze
Beta	Basic 5	Freestyle 3 / Open Bronze	Adult Bronze
Delta	Basic 6	Freestyle 4 / Open Silver	Adult Silver
Gamma	Basic 7	Freestyle 5 / Open Gold	Adult Gold
Delta-Freestyle 1	Basic 8		
Freestyle 2 or 3 / Open	Pre-Preliminary		
Bronze			
Freestyle 4 / Open Silver	Preliminary		
Freestyle 5 / Open Silver	Pre-Juvenile		
Freestyle 6 / Open Gold	Juvenile or		
	Intermediate		
Freestyle 7 / Open Platinum	Novice		

STANDARD SINGLES FREE SKATING EVENTS

See current rulebook or click <u>here</u> for current rules and requirements.

Illustration of Singles Free Skating Events:



Introductory Levels Free Skate Program

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:30 +/- 10 sec.	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:30 +/- 10 sec.	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	Max. 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test	Max. 5 jump elements: Up to 2 may be jump	Max. 2 spins: Spins must be of different	One step sequence that	
1:40 max	 combos or sequences Jump combos are limited to 2 jumps Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level) No Axels or double jumps are permitted 	 character. Each spin much have a Minimum of 3 revolutions. Spins may change feet, position and start with a fly. 	utilizes ½ of the ice surface	

Test Track Free Skate

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher. **ISI members**, see Conversion Chart listed earlier in this document for level.
- 4. Time range adjusted to cover both USFS and ISI requirements +/- 10 seconds.
- 5. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 6. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications	
Pre-Preliminary 1:30 - 2:00	 Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	
Preliminary 1:30 - 2:00	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating prepreliminary free skate test but may not have passed tests higher than the preliminary free skate test	
Pre-Juvenile 2:00	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than prejuvenile free skate test	
Juvenile 2:00 – 2:30	 Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating prejuvenile free skate test but may not have passed tests	

		1	1	1
		change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly		higher than juvenile free skate test
Intermediate 2: - 2:30	 Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot). 	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice 3:00 – 4:30	 Maximum of 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins, of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly 	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior 3:30 – 4:30	 Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot) 	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior 4:00 – 4:30	 Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Must include at least four different double jumps, one must be a double Lutz. Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	 Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot) 	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test

Well Balanced Program Free Skate

General event parameters:

- 1. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher. **ISI members**, see Conversion Chart listed earlier in document for level.
- 4. Time range adjusted to cover both USFS and ISI requirements +/- 10 seconds.
- 5. Genders may be combined in all Adult events.
- 6. Free Skate Events.
 - o Pre-Preliminary Free Skate program Rule 4270 1:30 2:00
 - o *Limited Pre-Preliminary Free Skate program Rule 4270 minus the Axel jump 1:30 2:00
 - o Preliminary Free Skate program Rule 4260 1:30 2:00
 - o Pre-Juvenile Free Skate program Rule 4250 2:00
 - *Open Pre-Juvenile Free Skate program Rule 4250 with age requirement of 14 years or older 2:00
 - o Open Juvenile Free Skate program Rule 4240 2:00 2:30
 - o Juvenile Free Skate Program Rule 4240 2: 2:30
 - o Intermediate Free Skate program Rule 4230 2:00 2:30
 - o Novice Free Skate program Rule 4220 **3:00 4:30**
 - o Junior Free Skate program Rule 4210 **3:30 4:30**
 - o Senior Free Skate program Rule 4200 4:00 4:30
 - o Adult Pre-Bronze Free Skate program Rule 4600 1:30 2:00
 - o Adult Bronze Free Skate program Rule 4590 1:50 2:00
 - o Adult Silver Free Skate program Rule 4580 2:00 2:10
 - o Adult Gold Free Skate program Rule 4570 2:40 3:00

*Note – Limited Pre-Preliminary and Open Pre-Juvenile are not considered part of the standard competition series but past demand has warranted us to continue to offer them.

SINGLES SHORT PROGRAM

General event parameters:

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Short Program Events.
 - o Juvenile/Open Juvenile Short program Rule 4230 (same as Intermediate)
 - o Intermediate short program Rule 4230
 - o Novice short program Rule 4220
 - o Junior short program Rule 4210 (2014-2015 requirements)
 - o Senior short program Rule 4200

INITIAL / FINAL ROUND FOR FREE SKATE EVENTS

If entries warrant, a final round free skate will be held for Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Intermediate, Novice, Junior, and Senior events.

SINGLES COMPULSORY MOVES

INTRODUCTORY LEVELS COMPULSORY EVENTS

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max	 Waltz jump ½ jump of choice Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional) Forward or backward spiral
High Beginner	1:15 max	 Toe loop jump Salchow jump Forward scratch spin - minimum three revolutions Forward or backward spiral
No-Test	1:15 max	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Solo spin - sit or camel spin - minimum three revolutions Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.

STANDATRD LEVELS COMPULSORY EVENTS

General event parameters:

In simple program form using a limited number of connecting steps, and the skating order of the required elements is optional. **ISI members**, see Conversion Chart earlier in document for level.

- Pre-Preliminary Juvenile: Elements skated on ½ ice.
- Intermediate Senior: Elements skated on full-ice.
- Elements may be performed only once.
- Music is not allowed.

Level	Time	Skating rules/standards
Pre – Preliminary (& Limited Pre-Pre)	1:00 max	 Single flip Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:00 max	 Single Lutz Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral
Pre – Juvenile (& Open Pre- Juv.)	1:15 max	 Single jump (may include Axel) Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - circular
Juvenile & Open Juv.	1:15 max	 Single Axel Jump combination: single/single or double/single Layback spin or camel spin - minimum three revolutions Step sequence - circular
Intermediate	1:30 max	 Double Salchow or double toe loop Jump combination: single/single or double/single Flying spin, minimum five revolutions Step sequence – straight line
Novice	1:30 max	 Double loop Jump combination: double/single or double/double Flying spin - minimum five revolutions Step sequence - straight line

Level	Time	Skating rules/standards	
Junior	1:30 max	 Double flip Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence - straight line 	
Senior	1:30 max	 Double Lutz Jump combination: double/double or triple/double Combination spin - minimum 10 revolutions Step sequence - straight line 	

Adult COMPULSORY EVENTS

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Elements
Adult Pre-Bronze	1:15 max	 Backward crossovers (Min. 5 consecutive) Waltz jump Forward upright spin (Min. 3 revolutions) Forward outside spiral
Adult Bronze	1:15 max	 Single Salchow Waltz jump – toe loop combination jump Sit spin (Min. 3 revolutions) Spiral sequence (Min. 2 spirals)
Adult Silver	1:30 max	 Single loop Single/single jump combination Sit spin (Min. 3 revolutions) Straight line step sequence
Adult Gold	1:30 max	 Single Lutz or Axel Single/single or single/double jump combination Camel spin (Min. 4 revolutions) Straight line step sequence

PAIRS FREE SKATING EVENTS

- 1. Skaters will skate to the music of their choice. Vocal music is permitted for Intermediate.
- 2. See the Rule noted below for each level for test qualifications and age requirements. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. The IJS judging system will be used.
- 4. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs".
- 5. Free Skate and Short programs are combined events.
- 6. Free Skate Program Events.
 - o Pre-Juvenile Free Skate program Rule 5250
 - o Juvenile Free Skate program Rule 5340
 - o Intermediate Free Skate program Rule 5230
 - o Novice Free Skate program Rule 5220
 - o Junior Free Skate program Rule 5210
 - o Senior Free Skate program Rule 5200

SHOWCASE EVENTS

Format: Showcase groups will be divided by number of entries and ages if possible. Vocal music is permitted and 6.0 judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. **ISI members**, still Conversion Chart listed earlier in document for level.

General event parameters:

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

Current guidelines and procecures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Showcase Events and Levels

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00 Max
Free skate 1-6/ Limited beginner/ Beginner/Adult 1-4	3 jump maximum, ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 Max
No-test/ Pre-preliminary/ Adult pre-bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating pre-preliminary or adult pre-bronze free skate test.	Time: 1:30 Max
Preliminary/ Adult bronze Adult Silver	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronze test.	Time: 1:40 Max

SYNCHRONIZED SKATING EVENTS

- 1. Teams will skate to the music of their choice. Vocal music is permitted.
- 2. All age restrictions are as of the preceding July 1st.
- 3. Teams may have a maximum of four alternates, in addition to the maximum number of skaters allowed per level.
- 4. See the current U.S. Figure Skating Rulebook, technical notification and/or ISU communication for skating requirements.
- 5. Moves in the field test level requirement is not needed for this non-qualifying event.
- 6. The 6.0 Majority judging system will be used.
- 7. The following rules apply to teams of all levels:
 - Rule 7020 Clothing
 - Rule 7120 Definitions of Steps and Turns
 - Rule 7130, 7140 Definitions of Features and Requirements
 - Rule 7150 General Criteria for Basic Requirements for Elements
 - Rule 7160 Illegal Elements/Features/Additional Features/Movements

Level	Time	Roster	Age	Test level	Rules
Preliminary	2:00 +/- 10 sec.	8 – 16 skaters	All under age 12 Majority under age 10	None	Well balanced program: Rule 7270
Pre-Juvenile	2:00 +/- 10 sec.	8 – 16 skaters	Majority under age 12	None	Well balanced program: Rule 7260
Open Juvenile	2:30 +/- 10 sec.	8 – 16 skaters	Majority under age 19	Pre-preliminary moves in the field	Well balanced program: Rule 7250
Juvenile	3:00 +/- 10 sec.	12 – 20 skaters	Under age 13	Preliminary moves in the field	Well balanced program: Rule 7240
Intermediate	3:30 +/- 10 sec.	12 – 20 skaters	Under age 18	Pre-Juvenile moves in the field	Well balanced program: Rule 7230
Novice	3:30 +/- 10 sec.	12 – 20 skaters	Under age 16, with the exception of up to 4 skaters who may be 16 or 17.	Juvenile moves in the field	Well balanced program: Rule 7220
Junior	FS: 4:00 +/- 10 sec. SP: max 2:50	12 – 16 skaters	Under age 19	Intermediate moves in the field	WBP & Short Program: Rule 7210
Senior	FS: 4:30 +/- 10 sec. SP: max 2:50	16 skaters	At least age 14	Novice moves in the field	WBP & Short Program: Rule 7200
Adult	3:30 +/- 10 sec.	12 – 20 skaters	At least age 21, with the exception of up to 4 skaters who may be 18 - 20.	Preliminary moves in the field, dance or figure	Well balanced program: Rule 7500
Masters	3:00 +/- 10 sec.	12 – 20 skaters	At least age 25, with the majority of the team at least 30	None	Well balanced program: Rule 7510
Open Adult 1	2:30 +/- 10 sec.	8 – 16 skaters	Majority at least age 19; Recommend majority at least 40.	None	Well balanced program: Rule 7510
Open Adult 2	2:30 +/- 10 sec.	8 – 16 skaters	Majority at least age 19	None	Well balanced program: Rule 7510

Theatre On Ice (TOI) Events - Choreographic Exercise (CE) and Free Skate

Format: Theatre On Ice consists of two programs the free skate and the Choreographic Exercise (CE), which is similar to a short program in singles skating. These two events are judged separately. All levels will be judged on both programs for a combined score at the Theatre On Ice National competition and Nation's Cup.

Theatre On Ice teams may have no fewer than eight members, all of whom must skate at some point during the number. A team may have an unlimited number of alternates but no more than 24 may skate in a competition. Open-level teams are limited to a maximum of 20 skaters on a team. Curtain: There will not be any curtain used for the Theatre On Ice events, except at the National Theatre On Ice competition.

THEATRE ON ICE CHOREOGRAPHIC EXERCISE (CE)

All team members must wear all black. The focus must be on the three elements described.

Current guidelines and procedures for Theatre On Ice Choreographic Exercise (CE) and Free Skate can be found at www.usfigureskating.org, under "Programs" on the Theatre On Ice page.

Theatre On Ice Events and Levels Offered For Competition

Level	Program Duration	Test, Team Size and Age Requirements
Senior	CE 2:30 +/- 10 seconds	Maximum test qualifications as of December 1st Minimum test qualifications as of 30 days prior to the close of entries. Minimum of 8- maximum of 24 skaters on team
	Free skate 6:00 +/- 15 seconds	100% must have must have passed the preliminary or adult pre- bronze moves in the field test More than 50% of the team must have passed the juvenile or adult gold free skate test or higher
		No age restrictions
Junior	CE 2:30 +/- 10 seconds Free skate 6:00 +/- 15 seconds	Maximum test qualifications as of December 1st Minimum test qualifications as of 30 days prior to the close of entries. Minimum of 8- maximum of 24 skaters on team 100% must have must have passed the preliminary or adult pre- bronze moves in the field test No more than 50% of the team may have passed the juvenile or adult gold free skate test or higher No age restrictions
Novice	CE 2:30 +/- 10 seconds Free skate 5:00 +/- 15 seconds	Test qualifications as of December 1st Minimum test qualifications as of 30 days prior to the close of entries. Minimum of 8- maximum of 24 skaters on team 100% must have must have passed the pre-preliminary moves in the field test No one on the team may have passed the juvenile or adult gold free skate test
		80% of the team must be under age 15 as of December 1st of the competition year No skater may have reached the age of 19 as of December 1st of the competition year

Level	Program Duration Test, Team Size and Age Requirements				
Adult	CE 2:30 +/- 10 seconds Free skate 6:00 +/- 15 seconds	Minimum test qualifications as of 30 days prior to the close of entries. Minimum of 8- maximum of 24 skaters on team 100% of the team must have passed at least one U.S. Figure Skating moves in the field, freestyle, ice dance or pairs test (no including Basic Skills) 100% of the team must have reached the age of 18 years as of the December 1st preceding the competition			
Preliminary	CE 2:00 +/- 10 seconds Free skate 2:30+/- 10 seconds	Maximum test qualifications as of December 1st Minimum of 8- maximum of 24 skaters on team 100% of the team must have mastered the skills of the Basic Skills Free Skate 1 badge test and may not have passed any test higher than pre-preliminary moves in the field test. All skaters must be full members of U.S. Figure Skating. Age requirement as of December 1st of the preceding year: Skaters must be 17 years of age or under.			
Open	CE 2:30 +/- 10 seconds Free skate 5:00 +/- 15 seconds	Test qualifications as of 30 days prior to the close of entries Minimum of 8 skaters and maximum of 20 skaters on a team 100% of the team must have passed at least one U.S. Figure Skating moves in the field, freestyle, ice dance or pairs test (not including Basic Skills) No age restrictions			

EVENT: Basic Elements Event: SNOWPLOW SAM - BASIC 8

Format: Each skater will perform each element in the <u>order listed below</u> when directed by the announcer to begin. **ISI members**, see Conversion Chart listed earlier in document for level.

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed

Level	Time	Skating rules/standards			
Snowplow Sam 1-3		March followed by a two-foot glide and dip			
	1:00 max	2. Forward two-foot swizzles, 2-3 in a row			
	1.00 11161	3. Forward snowplow stop			
		4. Backward wiggles, 2-6 in a row			
		Forward two-foot glide and dip			
Basic 1	1:00 max	2. Forward two-foot swizzles, 6-8 in a row			
	1.00 max	3. Forward snowplow stop			
		4. Backward wiggles, 6-8 in a row			
		Forward one-foot glide, either foot			
		2. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot			
Basic 2	1:00 max	3. Moving snowplow stop			
		4. Two-foot turn in place, forward to backward			
		5. Backward two-foot swizzles, 6 - 8 in a row			
		1. Forward stroking			
		2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise,			
Basic 3	1:00 max	4-6 consecutive			
		3. Forward slalom 4. Reglyword and fact glide, gither fact			
		4. Backward one-foot glide, either foot5. Two-foot spin – minimum three revolutions			
		Standstill forward outside three-turn, right and left			
		Standstill forward outside tiffee-turn, right and left Forward outside edge on a circle, clockwise or counter clockwise			
Basic 4	1:00 max	3. Forward crossovers, 4-6 consecutive, both directions			
basic 4		4. Backward stroking, 4-6 strokes			
		5. Backward snowplow stop, right or left			
		Backward outside edge on a circle, clockwise or counterclockwise			
		Backward crossovers, 4-6 consecutive, both directions			
		3. Basic one-foot spin, free leg held to side of spinning leg - minimum three			
Basic 5	1:00 max	revolutions			
		4. Side toe hop, either direction			
		5. Hockey stop			
		Standstill forward inside three-turn, right and left			
	1:00 max	2. Bunny Hop			
Basic 6		3. Forward spiral on a straight line, right or left			
		4. Lunge, right or left			
		5. T-stop, right or left			
		Standstill forward inside open mohawk, right to left and left to right			
		2. Ballet jump, either direction			
Basic 7	1:00 max	3. Back crossovers to a back outside edge landing position, clockwise and			
		counter clockwise			
		4. Forward inside pivot			
Basic 8	1:00 max	Moving forward outside or forward inside three-turns, right and left			
		2. Waltz jump (from a standstill)			
		3. Mazurka, either direction			
		4. 1 Combination move, clockwise <u>or</u> counter clockwise, two forward			
		crossovers into forward inside mohawk, step down, cross behind, step into			
		one back crossover and step to a forward inside edge			
		5. Beginning one-foot upright spin, free foot held to side of spinning leg or			
		crossed position - minimum three revolutions			

EVENT: BASIC PROGRAM EVENT: SNOWPLOW SAM - BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed. **ISI members**, see Conversion Chart listed earlier in document for level.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow Sam 1-3	1:00 +/-10	Forward two-foot swizzles, 2-3 in a row
	sec	Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 +/-10	Forward two-foot swizzles, 6-8 in a row
	sec	Forward snowplow stop Reclayerd widgles 4.9 in a row
	+	 Backward wiggles, 6-8 in a row Forward one-foot glide, either foot
		 Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot
Basic 2	1:00 +/-10	 Moving snowplow stop
D4310 2	sec	Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6 - 8 in a row
		Forward stroking
		• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise,
Basic 3	1:00 +/-10	4-6 consecutive
Dasic 3	sec	Forward slalom
		Backward one-foot glide, either foot
		Two-foot spin, minimum three revolutions
	1:00 +/-10	Standstill forward outside three-turn, right and left Forward grassovers, 4.6 consequitive both directions
Basic 4	1:00 +/-10 sec	 Forward crossovers, 4-6 consecutive both directions Backward stroking, 4-6 strokes
	300	Backward snowplow stop, right or left
		Backward crossovers, 4-6 consecutive, both directions
	1 00 / 10	Basic one-foot spin, free leg held to side of spinning leg, minimum three
Basic 5	1:00 +/-10	revolutions
	sec	Side toe hop, either direction
		Hockey stop
	1:00 +/-10 sec	Standstill forward inside three-turn, right and left
D ' /		Bunny Hop
Basic 6		Forward spiral on a straight line, right or left
		 Lunge, right or left T-stop, right or left
		Standstill forward inside open Mohawk, right to left and left to right
		Ballet Jump, either direction
Basic 7	1:00 +/-10 sec	Back crossovers to a back outside edge landing position, clockwise and
		counter clockwise
		Forward inside pivot
		Moving forward outside or forward inside three-turns, right and left
Basic 8	1:00 +/-10 sec	Waltz jump (from a standstill)
		Mazurka, either direction
		1 Combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward incide. Mohawk step down, cross behind step into
		crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge
		 Beginning one-foot upright spin, free foot held to side of spinning leg or
		crossed position -minimum three revolutions
	1	Stade position minimum theoretotations

EVENT: Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards		
20101	11110	Advanced forward stroking, 4-6 consecutive		
Free Skate 1	1:15 max.	 Backward outside three-turns, right and left One-foot upright scratch spin from backward crossovers - minimum three revolutions Waltz jump from backward crossovers Half flip jump 		
Free Skate 2	1:15 max.	 Forward outside or inside spiral, right or left Waltz three's, right or left, 2-3 sets Beginning back spin, entry optional – minimum two revolutions Waltz jump, side toe hop, waltz jump sequence Toe loop jump 		
Free Skate 3	1:15 max.	 Forward crossovers in a figure 8 Backward inside three-turns, right and left Back spin - minimum three revolutions Salchow jump Waltz jump/toe loop or Salchow/toe loop jump combination 		
Free Skate 4	1:15 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Loop jump Waltz jump/loop jump combination 		
Free Skate 5	1:15 max.	 Camel spin - minimum three revolutions Forward upright spin to back upright spin - minimum three revolutions each foot Loop/loop jump combination Flip jump 		
Free Skate 6	1:15 max.	 Five step mohawk sequence - one set alternating pattern (refer to Basic Sk Curriculum Free skate 6) Camel, sit spin combination - minimum of four revolutions total Split jump or stag jump Waltz jump, ½ loop, Salchow jump sequence Lutz jump 		

EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10 sec

Level	Time	Skating rules / standards		
Free Skate 1	1:30+/-10 sec	 Advanced forward stroking, 4-6 consecutive One-foot upright scratch spin from backward crossovers, minimum three revolutions Waltz jump from backward crossovers Half flip jump 		
Free Skate 2	1:30+/-10 sec	 Forward outside spiral, right or left Beginning back spin – entry optional, minimum two revolutions Waltz jump, side toe hop, waltz jump sequence Toe loop jump 		
Free Skate 3	1:30+/-10 sec	 Forward crossovers in a figure 8 Back spin, minimum three revolutions Salchow jump Waltz jump-toe loop or Salchow-toe loop jump combination 		
Free Skate 4	1:30+/-10 sec	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin, minimum three revolutions Loop jump Waltz jump-loop jump combination 		
Free Skate 5	1:30+/-10 sec	 Camel spin, minimum three revolutions Forward upright spin to back upright spin, minimum three revolutions each foot Loop-loop jump combination Flip jump 		
Free Skate 6	1:30+/-10 sec	Camel, sit spin combination, minimum of four revolutions total		

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We invite you to submit an ad to be printed in our program. Ads may be submitted to recognize or send a special message to your skater or to promote your business. The **deadline for submission** of ad with artwork and check is January 2, 2015. All photos or artwork must be sized and ready for production (300 dpi or above in .pdf file format) and must be e-mailed to <u>richardq@plano.gov</u>

All ads will be printed in black and white. Please do not mail photographs, they must be submitted by e-mail and in the correct format with SKATER'S name, skating level and ad size on subject line. Photos can be submitted in .jpeg format. If you have any questions, please e-mail richardg@plano.gov

Advertising rates are based on camera-ready copy, which is black on white, the exact size and shape of the ad. Advertiser agrees to pay the cost of any additional type set, or other reproductions charges if camera-ready copy is not provided. All photographs must be black and white glossy prints (no negatives). Advertising agency commission must be paid by the advertiser.

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