



2018 TRAF 2019

**GAMES  
OF  
TEXAS**



BRYAN · COLLEGE STATION  
TEXAS A&M UNIVERSITY®

TRACK & FIELD

**COACH'S PACKET**

**GAMES OF TEXAS TRACK & FIELD MEET  
THURSDAY, JULY 25 - SUNDAY, JULY 28, 2019  
COLLEGE STATION HIGH SCHOOL**

On behalf of the Texas Amateur Athletic Federation, the cities of Bryan and College Station, and Texas A&M University, we welcome you to the 2019 TAAF Games of Texas State Track and Field Meet.

All participants are required to follow all guidelines described in this information packet. As the coach, it is your responsibility to make sure your athletes, parents, and team supporters understand and abide by the regulations established for this meet. Please take the time to read the information and share with your assistant coaches.

To control the infield for the safety of the participants, we will only have two access points at the north end of the stadium. You are expected to inform your athletes where they will enter the field to access the heating tent.

The most important roles you fill as a coach are those of leadership and example.

**COACHES CODE OF ETHICS & OATH**

**As a coach**, I shall be aware that I have a tremendous influence, for either good or ill, on the education of the athlete and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

**As a coach**, I shall uphold the honor and dignity of the profession. In all personal contact with athletes, coaches, parents, officials, event administrators, the media, and the public, I shall strive to set an example of the highest ethical and moral conduct throughout the event.

**As a coach**, I shall master the contest rules and shall teach them to my athletes. I shall not seek an advantage by circumvention of the spirit or letter of the rules.

**As a coach**, I shall respect and support contest officials. I shall not indulge in conduct which would incite athletes or spectators against the officials. Public criticism of officials or players is unethical.

**MEET SCHEDULE**

Please make sure that you have the official and current meet schedule (attached). Copies will be available at the packet pick-up area for athletes and admission gates for spectators. We do not anticipate changes in the schedule, but it is subject to change. Weather conditions often lead to adjustments. We will make every effort to alert athletes, coaches, and parents of changes. Always check with meet officials and note any announcements regarding the meet schedule.

It is the responsibility of the athlete and coach to check and verify their entries and be aware of the schedule of events. No race or event will be delayed due to entry problems not addressed during the scheduled check and verification time as noted on the attached meet schedule.

**WEATHER/RAIN DELAYS**

If it rains, we will continue to conduct the meet. If it is determined that the conditions are a safety issue due to lightning, high winds, etc., we will delay the meet and resume when the danger passes. Our goal is to complete each day's activities. If it looks like we will not be able to restart the meet, the remaining events will be moved to the next day, and we would bump the start of that day's events to a later time. Please pay close attention to announcements made concerning changes in the schedule. If the weather becomes an issue, all events could be ran as a timed final. Consequently, athletes should treat every event as a final.

## **PACKET PICK-UP**

Packets and race numbers will be available from 11 a.m.-6 p.m. on Thursday, July 25. Packets may also be picked up on Friday and Saturday beginning at 7 a.m. throughout the meet. Tables will be set up outside the stadium's main entrance. Please allow your athletes to pick up only their packet and race numbers. It is vital for them to keep up with their race numbers. **Should an athlete lose a race number, a \$5 fee will be charged for a replacement.**

## **WARM-UPS/WARM-UP AREA**

Warm-ups will be allowed on the track until 7:30 a.m. from Friday-Sunday. Additional warm-ups must take place in the designated areas. Athletes will enter one of the track entrances on either side of the stadium only after their event has had first call. Athletes will not be allowed onto the infield or into the heating tent until their event has had first call. Athletes will not be allowed to take bags, ice chests, phones, etc. into the heating tent or onto the field. Please ask your athletes to look for runners before crossing the track. The field next to the stadium will serve as the warm-up area throughout the meet.

## **COACH PASSES**

Each team will receive one coach pass per 10 registered athletes on their team in the meet and unattached athletes will receive one coach pass, which will allow admission to the meet, protest filing, and limited field access as specified below. Any coach violating the regulations of the meet will have their pass collected by meet officials. Lost passes will not be replaced.

## **COACHES FIELD ACCESS**

We will allow coaches on the field on **Saturday only** to assist participants in the **8 & under and 10 & under divisions** with the establishment of their marks for the long jump and high jump competitions. Before the start of competition, coaches must be off the field and back in approved spectator seating areas. The event will not begin until all coaches have cleared the infield. Coaches will be allowed back onto the infield during warm-ups before finals.

## **TRACK ENTRY FOR PARTICIPANTS CALLED FOR COMPETITION**

All athletes must enter through the gates located at the north end of the stadium and go straight to the heating tent. Participants will only be allowed onto the field when an announcement calls them to the heating tent or field event area. No participant will be allowed onto the field without a participant number. Field event participants should report directly to their event site when a first call has been made.

## **SPECTATORS**

Spectators are not allowed on the field at any time. Spectators wishing to observe field events must do so from the stadium or from outside the fenced areas. Unauthorized personnel on the field may result in the disqualification of their competitor.

## **THROWING IMPLEMENTS (SHOT PUT & DISCUS)**

Throwing implements will not be weighed. The implements will be pooled for use by all competitors. Implements that do not meet official requirements will be tagged and cannot be returned until after completion of the competition. Implements must remain available throughout the competition to athletes. All implements are the responsibility of the athlete.

## **POLE VAULT**

Athletes will not be weighed in the pole vault. Instead, each coach is required to complete a waiver that ensures the correct size pole is being used. The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturer's pole rating sticker must be on the pole. There will be a designated area away from the crowd and outside the competition for coaches to confer with their vaulters.

## **BIB NUMBERS**

Bib numbers must be worn on the front of the uniform. On the front of each bib number, you will find a label listing athlete's name and events. If there is a mistake on the event(s) they are entered in, have them report to the TAAF officials problem area located at the stadium main entrance.

***Athletes should only wear the number assigned to them. If athletes are found trading numbers and running under another athlete's name, they will be immediately disqualified from the meet. If a coach/team makes continuous violations of this rule, the coach and all members of the team will be subject to disqualification from the meet and further disciplinary action to be determined by the Games Committee.***

## **PROTESTS**

A protest must be filed at the TAAF protest table within 30 minutes after the conclusion of the event or the announcement and posting of the results. Only a team representative with a coach pass may file a formal protest. A \$25 deposit fee is required per protest, which is refundable if your protest is upheld by the meet referee or jury of appeals. Protests may only be lodged for errors in the recording of data or scoring and non-judgment errors. The meet referee will rule on protests, and his/her decision should be considered final. However, coaches may appeal the decision to the Jury of Appeals. Protests and appeals must be made in writing on official forms. The Jury of Appeals' ruling will be the final ruling.

## **TRAINERS**

Trainers and first aid will be available throughout the meet. Medical staff will be available for emergency situations and are not available for rub downs or any other type of non-emergency situations.

## **RADIOS/JAM BOXES**

Radios and jam boxes are prohibited in the stadium while the meet is in progress.

## **STAGING/HEATING AREAS**

We will have male and female heating areas. Athletes will be called to the staging area with a first call, second call, and final call status. It is the responsibility of the athlete to get to the staging area by the third and final call. Races will not be delayed for late arrivals. We may combine heats if there is sufficient time to make the changes with the finish line crew. No one will be allowed to run without a bib number clearly shown on their uniform.

## **HIP NUMBERS**

Hip numbers will be used. Please tell your athletes that they are not to pull the number off of their hip until completing their race. They will be issued new numbers in the heating tent area for each race.

## **TAKE-OFF MARKS FOR RELAYS AND JUMPS**

Relay team members may use tape, split tennis balls, plastic tabs, etc., to mark take-off steps for relays. Please remove marking devices after completion of the race. Officials have been informed to remove marking devices after races are complete. Exchange judges will indicate the zone area to the athletes but will not tell the runner where to set their take off marks. We will have two judges per exchange. Tape will be allowed for marking steps in the long jump, triple jump, and high jump. Please ask your athletes to remove the tape upon completion of the event.

## **LONG JUMP**

If needed, a second board will be added for the younger age division. Each athlete must designate which board they will jump from before the competition, and the head official will be notified. Once the athlete has declared which board they will use, they will be judged for fair or foul jumps by the official based on that board. If they choose to change to a different board once the competition has started, they must notify the head official, and the change should be noted in writing on the official entry form where event recordings are kept. Only one change will be allowed once the competition has started.

### **TRIPLE JUMP**

Triple Jump take-off boards on all runways will be at distances of 24, 32, and 38 feet. Athletes will declare which take-off board they are using when they check-in for their event, and they may not change boards during the competition. No other take-off distances will be permitted, so athletes should practice using these distances before arriving.

### **OFFICIAL TIMING SYSTEM**

The official timing system will be the Lynx's System. Each race is videotaped and the times recorded are the official times. Hand-held times serve only as a backup. Under federation rules, home videos, pictures or any other non-official device will not be considered for race results.

### **POSTING AREA**

Heat sheets and results will be posted on boards affixed to the fence on the home side of the stadium next to the awards table and tent city. Do not remove posted papers and always re-check for revised versions. Due to protests or errors, heat sheets and final results sheets occasionally will be corrected. If any race has been corrected, the words "REVISED" with the time will appear in the upper right-hand corner.

### **TENTS**

Tents will be allowed on the top rows of the visitor's side of the stadium and the top row of the home side in designated areas. Tents also may be placed in tent city. No tents will be allowed on the grounds of the stadium. Please be considerate of others and if using large golf or beach umbrella, move to the top of the bleachers.

### **ICE CHESTS**

Teams will be allowed to bring in ice chests within tent city only. No ice chests will be allowed in the bleachers.

### **STADIUM BLEACHERS/CLEANUP**

Encourage your parents and athletes not to throw items over the bleachers, which can cause severe injury to those walking around and behind the bleachers. Likewise, please ask your parents and athletes to cleanup the team area during and after each day's competition. It will be appreciated.

### **ZERO TOLERANCE RULE**

A zero tolerance rule will be in effect throughout the meet for spectators, coaches, and participants. Should any taunting on the part of a participant be observed by meet officials, they will be disqualified. Taunting on the part of a spectator or coach may result in expulsion from the stadium. Please inform your athletes that if they engage in any unsportsmanlike conduct, they will be asked to leave the stadium and will be disqualified from the meet. The rule also applies to coaches and spectators. As a coach or parent, you are setting examples for the athletes. Your actions and leadership have a great impact on these young people. Make sure you set the right example. Please report any actions considered unacceptable to security personnel or meet officials so that immediate action can be taken.

### **FLUIDS & SHADE**

Don't let your athletes become dehydrated. Encourage them to seek shade, stay cool between competitions, and drink plenty of water or appropriate fluids throughout the meet. Water will be available on the field and at the field events.

**Best of luck to you and your athletes!**



**2019 T.A.A.F. STATE TRACK AND FIELD MEET**  
**College Station High School**  
**4002 Victoria Ave**  
**College Station, TX**

**Thursday, July 25, 2019**

All Coaches/Athletes should report at some point during the times listed below to check their entries.

- Any additional correction of entries will be made on the following schedule ONLY:

Check and verification of meet entries for Thursday running events must be done by 5:00 PM on Thurs., July 25<sup>th</sup>.

Thursday, July 25<sup>th</sup>, 11:00am - 7:00pm – **DEADLINE** for entry errors for Friday, July 26<sup>th</sup> events.

Friday, July 26<sup>th</sup>, 8:00am - 3:30pm – **DEADLINE** for entry errors for Saturday, July 27<sup>th</sup> events.

Saturday, July 27<sup>th</sup>, 8:00am - 3:30pm – **DEADLINE** for entry errors for Sunday, July 28<sup>th</sup> events.

- **NO COACHES MEETING:** There will be no formal coaches meeting. Coaches may pick up their pass and packets at packet pick up table. Two passes per team will be given and must be signed for.
- Please remember that this is a championship meet and all athletes must have qualified, or been processed through their regional meets. No entries will be made at the state meet.

**FIELD EVENTS – PLEASE NOTE:** Events will not start prior to time indicated however, due to number of entries events may begin later than time indicated.

**DIVISIONS:** 14 & Under, 16 & Under, 18 & Under

<u>Triple Jump</u> (prelims & finals)	<u>High Jump</u> (prelims & finals)	<u>Pole Vault</u> (prelims & finals)
2:00 14 & Under Girls & Boys	2:00 18 & Under Boys	12:30 14 & Under Girls
3:00 16 & Under Girls & Boys	3:00 16 & Under Boys	2:00 16 & Under Girls
4:00 18 & Under Girls & Boys	4:00 14 & Under Boys	3:30 18 & Under Girls

**6:00 PM      RUNNING EVENTS      DIVISIONS:** 6 & Under, 8 & Under, 10 & Under, 12 & Under  
 14 & Under, 16 & Under, 18 & Under

800 Meter Run ( <u>Final Only</u> )	8 & Under	Girls/Boys
	10 & Under	Girls/Boys
	12 & Under	Girls/Boys
50 Meter Run	6 & Under	Girls/Boys
	8 & Under	Girls/Boys
3200 Meter Run ( <u>Final Only</u> )	14 & Under	Girls/Boys
	16 & Under	Girls/Boys
	18 & Under	Girls/ Boys

**PLEASE NOTE:** Estimated time of completion for events on Thursday, July 25<sup>th</sup> 10:00 PM



**2019 T.A.A.F. STATE TRACK AND FIELD MEET**  
**College Station High School**  
**4002 Victoria Ave**  
**College Station, TX**

**Friday, July 26, 2019**

**8:00 AM FIELD EVENTS (prelims & finals):** The event will not start prior to time indicated however, due to number of entries events may begin later than time indicated.

**DIVISIONS: 14 & Under, 16 & Under, 18 & Under**

<b><u>Shot Put</u></b>	<b>8:00</b>	<b>14 &amp; Under</b>	<b>Girls/Boys</b>	<b><u>Discus</u></b>	<b>8:00</b>	<b>18 &amp; Under</b>	<b>Girls/Boys</b>
	<b>10:00</b>	<b>16 &amp; Under</b>	<b>Girls/Boys</b>		<b>9:30</b>	<b>14 &amp; Under</b>	<b>Girls/Boys</b>
	<b>12:00</b>	<b>18 &amp; Under</b>	<b>Girls/Boys</b>		<b>11:00</b>	<b>16 &amp; Under</b>	<b>Girls/Boys</b>

<b><u>High Jump</u></b>	<b>8:00</b>	<b>14 &amp; Under</b>	<b>Girls</b>	<b><u>Long Jump</u></b>	<b>8:00</b>	<b>18 &amp; under</b>	<b>Girls/Boys</b>
	<b>10:00</b>	<b>16 &amp; Under</b>	<b>Girls</b>		<b>10:00</b>	<b>14 &amp; Under</b>	<b>Girls/Boys</b>
	<b>12:00</b>	<b>18 &amp; Under</b>	<b>Girls</b>		<b>12:00</b>	<b>16 &amp; Under</b>	<b>Girls/Boys</b>

<b><u>Pole Vault</u></b>	<b>8:00</b>	<b>14 &amp; Under</b>	<b>Boys</b>
	<b>10:00</b>	<b>16 &amp; Under</b>	<b>Boys</b>
	<b>12:00</b>	<b>18 &amp; Under</b>	<b>Boys</b>

**8:30 AM PRELIMINARY RUNNING EVENTS:** DIVISIONS: 6 & Under, 8 & Under, 10 & Under, 12 & Under

<b>1600 Meter Run (<u>Final Only</u>)</b>	<b>10 &amp; Under, 12 &amp; Under - Girls/Boys</b>
<b>4 X 100 Meter Relay</b>	<b>8 &amp; Under, 10 &amp; Under, 12 &amp; Under - Girls/Boys</b>
<b>400 Meter Dash</b>	<b>8 &amp; Under, 10 &amp; Under, 12 &amp; Under - Girls/Boys</b>
<b>80 Meter Low Hurdles</b>	<b>12 &amp; Under - Girls/Boys</b>
<b>100 Meter Dash</b>	<b>6 &amp; Under, 8 &amp; Under, 10 &amp; Under, 12 &amp; Under, - Girls/Boys</b>
<b>200 Meter Dash</b>	<b>8 &amp; Under, 10 &amp; Under, 12 &amp; Under - Girls/Boys</b>
<b>4 X 400 Meter Relay (<u>Final Only</u>)</b>	<b>10 &amp; Under, 12 &amp; Under, 14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>

**PLEASE NOTE:** Estimated time of completion on Friday, July 26<sup>th</sup> Running Events & Field Events 6:00PM

We do not anticipate any changes in the meet schedule at this time; however, note that the schedule is subject to change. Please check with officials on meet date to get a copy of the most current schedule and pay attention to announcements regarding schedule changes.



**2019 T.A.A.F. STATE TRACK AND FIELD MEET**  
**College Station High School**  
**4002 Victoria Ave**  
**College Station, TX**

**Saturday, July 27, 2019**

**8:00 AM FIELD EVENTS (prelims & finals):** Events will not start prior to time indicated however, due to number of entries events may begin later than time indicated.  
**DIVISIONS: 8 & Under, 10 & Under, 12 & Under**

<b><u>Shot Put</u></b>	8:00	12 & Under	Girls/Boys	<b><u>Long Jump</u></b>	8:00	8 & Under	Girls/Boys
	10:00	10 & Under	Girls/Boys		10:00	10 & Under	Girls/Boys
					12:00	12 & Under	Girls/Boys
<b><u>High Jump</u></b>	8:00	12 & Under	Girls/Boys				
	10:00	8 & Under	Girls/Boys				
	12:00	10 & Under	Girls/Boys				

**8:30 AM PRELIMINARY RUNNING EVENTS: DIVISIONS: 14 & Under, 16 & Under, 18 & Under**

<b>1600 Meter Run (<u>Final Only</u>)</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>4 X 100 Meter Relay</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>100 Meter Hurdles</b>	<b>14 &amp; under, 16 &amp; Under, 18 &amp; Under – Girls</b>
<b>110 Meter Hurdles</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Boys</b>
<b>100 Meter Dash</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>400 Meter Dash</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>300 Meter Hurdles</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>200 Meter Dash</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>

**PLEASE NOTE: Estimated time of completion on Saturday, July 27<sup>th</sup> Running & Field Events – 4:00 PM**

We do not anticipate any changes in the meet schedule at this time; however, note that the schedule is subject to change. Please check with officials on meet date to get a copy of the most current schedule and pay attention to announcements regarding schedule changes.





**2019 T.A.A.F. STATE TRACK AND FIELD MEET**  
**College Station High School**  
**4002 Victoria Ave**  
**College Station, TX**

**Sunday, July 28, 2019**

- **NO corrections for entry errors will be made at this time. All entry errors should have been addressed prior to Sunday, July 28<sup>th</sup> 2019 by established deadlines.**

**8:30 AM FINAL RUNNING EVENTS**

**DIVISIONS: 6 & Under, 8 & Under, 10 & Under, 12 & Under,  
14 & Under, 16 & Under, 18 & Under**

<b>4 x 100 Meter Relay</b>	<b>All Divisions</b>
<b>800 Meter Run</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>80 Meter Hurdles</b>	<b>12 &amp; Under – Girls/Boys</b>
<b>100 Meter Hurdles</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls</b>
<b>110 Meter Hurdles</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Boys</b>
<b>100 Meter Dash</b>	<b>All Divisions – Girls/Boys</b>
<b>400 Meter Dash</b>	<b>All Divisions – Girls/Boys</b>
<b>300 Meter Hurdles</b>	<b>14 &amp; Under, 16 &amp; Under, 18 &amp; Under – Girls/Boys</b>
<b>200 Meter Dash</b>	<b>All Divisions</b>
<b>50 Meter Dash</b>	<b>6 &amp; Under, 8 &amp; Under – Girls/Boys</b>

**PLEASE NOTE: Estimated time of completion on Sunday, July 28<sup>th</sup> 1:00 PM**

**We do not anticipate any changes in the meet schedule at this time; however, note that the schedule is subject to change. Please check with officials on meet date to get a copy of the most current schedule and pay attention to announcements regarding schedule changes.**

